

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/10/22

PATIENT: GRAY, DEVONNA **DOB:** 03/25/1961 **Gender:** FEMALE **MRN:** 4959 **AGE:** 61 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: bump to chest

HISTORY OF PRESENT ILLNESS: Bump to lower chest/epigastric area noticed 3 weeks ago. Denies pain or tenderness to area. She states her daughter noticed it when she hugged her one day.

VITALS: BP: 130/74 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 76; **Temp:** 97.2; **Resp:** 16; **Ht:** 64 in.; **Wt:** 205.9 lbs.; **BMI:** 35.34; **Pulse Oximetry:** 97%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

cyclobenzaprine 5 mg tablet (TAKE 1 TABLET (5 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED FOR MUSCLE SPASMS.)
hydrochlorothiazide 25 mg tablet (1 TABLET PO once DAILY FOR HTN)
ibuprofen 800 mg tablet (1 TABLET EVERY 8 HRS AS NEEDED FOR PAIN.)
meclizine 25 mg tablet (TAKE 1 TABLET (25 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED for dizziness.)
omeprazole 40 mg capsule, delayed release (1 TABLET DAILY)
ondansetron HCl 4 mg tablet (TAKE 1 tablet PO every 8 hrs as needed for nausea.)
valacyclovir 1 gram tablet (1 TABLET DAILY)

PAST MEDICAL HISTORY: HTN, GERD; COVID August 2021. LLE DVT Sept. 2021. Chronic low back pain with left sciatica. Chronic neck pain w/ Cervical disc disease.

PAST SURGICAL HISTORY: Cholecystectomy

SOCIAL HISTORY: Recently moved here from New York with family. Works at AUM. Denies tobacco and illicit drug use. Admits to occasional alcohol intake.

FAMILY HISTORY:

HEALTH MX HISTORY:

Colonoscopy 2012 reportedly normal. Hemoccult cards normal in 2019.
Mammogram- 3/25/2022- Negative.
Pap smear- 2020- reportedly normal.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

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GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted. Small, papable nodule to lower sternum/epigastric area when sitting up. Not palpable when lying flat.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

M79.89 - Other specified soft tissue disorders (PRIMARY)

PLAN:

Referral: EMIC, East Montgomery Imaging Center (Radiology)

No Special Instructions

Follow up with results. Of note, she does have a history of lipomas removed in the past.

Electronically signed by Lindsey Barton, CRNP on 11/10/22 4:20 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.