

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/16/25

PATIENT: BRONSON, DARRYL **DOB:** 05/02/1981 **Gender:** MALE **MRN:** 4961 **AGE:** 44 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Diabetes Follow Up

HISTORY OF PRESENT ILLNESS: He reports compliance with Ozempic. He is down 5 lbs since January. He has HTN. He has not taken lisinopril in a couple of days because he forgets at times. He has no complaints today.

VITALS: BP: 163/99 **Pulse:** 88; **Temp:** 97.7; **Resp:** 16; **Ht:** 71 in.; **Wt:** 338.2 lbs.; **BMI:** 47.16; **Pulse Oximetry:** 97%

ALLERGIES: Ant venom (Anaphylaxis); No Known Drug Allergies

MEDICATIONS:

EpiPen 2-Pak 0.3 mg/0.3 mL injection, auto-injector (as needed for allergic reaction)

Ozempic 0.25 mg or 0.5 mg (2 mg/3 mL) subcutaneous pen injector (INJECT 0.5 MG BY SUBCUTANEOUS ROUTE ONCE WEEKLY ON THE SAME DAY OF EACH WEEK)

ibuprofen 800 mg tablet (TAKE 1 TABLET (800 MG) BY ORAL ROUTE 3 TIMES PER DAY WITH FOOD AS NEEDED FOR PAIN.)

lisinopril 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY)

PAST MEDICAL HISTORY: T2DM, asthma, chronic low back pain, varicose veins left leg, HTN. Anaphylactic reaction to ant bites in September 2024.

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Married. Works at AUM. + smokes cigarettes for past 4 years. Drinks alcohol socially. Denies illicit drug use.

FAMILY HISTORY: Mother- DM, Sister- DM, Brother- DM, Grandparent- DM

HEALTH MX HISTORY:

Microalbumin- Oct. 2024

Foot exam- Jan. 2025

Eye Exam- 2024

A1C- May 2025.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

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CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Hemoglobin A1c (1 unit(s)): LabCorp
Basic Metabolic Panel (8) (1 unit(s)): LabCorp

ASSESSMENT:

E11.9 - Type 2 diabetes mellitus without complications (PRIMARY).
I10 - Essential (primary) hypertension.

PLAN:

Follow up with lab results. Will need refills pending labs. Follow up in 3 months for diabetes recheck. Recommended he takes his lisinopril daily for better BP control. He verbalized understanding.

Electronically signed by Lindsey Barton, CRNP on 05/16/25 9:54 AM

L. Barton, DNP, CRNP