

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/30/24

PATIENT: BRONSON, DARRYL **DOB:** 05/02/1981 **Gender:** MALE **MRN:** 4961 **AGE:** 43 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: ER follow up for anaphylactic reaction to ants

HISTORY OF PRESENT ILLNESS: Mr. Bronson is a 43 yo male here today for ER follow up for anaphylactic reaction from ant bites. He states he was at a church function Saturday and they were grilling out. He got bit by 9 ants to his right foot and within 5 min he began to not feel well. He started having lip swelling and tingling, he felt like he was going to pass out, he couldn't breathe and he began vomiting. His wife called EMS and he was given an Epi-pen at the location then transported to the ER. He was given another Epi-pen in the ER as well as steroids and benadryl. He was monitored for several hours then discharged home with a prescription for an Epi-pen and steroids.

He states today he feels better, but he still has some swelling in his hands and tingling to his finger tips. But denies any issues breathing or with throat swelling.

He is requesting a refill of ibuprofen for pain.

VITALS: BP: 179/97 **Pulse:** 78; **Temp:** 98.4; **Resp:** 20; **Ht:** 71 in.; **Wt:** 362.8 lbs.; **BMI:** 50.59; **Pulse Oximetry:** 96%

ALLERGIES: Ant venom (Anaphylaxis); No Known Drug Allergies

MEDICATIONS:

EpiPen 2-Pak 0.3 mg/0.3 mL injection, auto-injector (as needed for allergic reaction)
ibuprofen 800 mg tablet (TAKE 1 TABLET (800 MG) BY ORAL ROUTE 3 TIMES PER DAY WITH FOOD AS NEEDED FOR PAIN.)

PAST MEDICAL HISTORY: T2DM, asthma, chronic low back pain, varicose veins left leg.

PAST SURGICAL HISTORY:

SOCIAL HISTORY: Married. Works at AUM. + smokes cigarettes for past 4 years. Drinks alcohol socially. Denies illicit drug use.

FAMILY HISTORY: Mother- DM, Sister- DM, Brother- DM, Grandparent- DM

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

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MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally. Both his great toenails are black.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted. Multiple, small, pustular bumps to right foot/ankle.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

Z09 - ECT FOR F/U XM AF TRTMT FOR COND OT THN MAL NEOP (PRIMARY)

T63.481A - TOXIC EFFECT OF VENOM OF ARTHROPOD ACC INIT

R03.0 - Elevated blood-pressure reading, without diagnosis of hypertension

E11.9 - Type 2 diabetes mellitus without complications

PLAN:

Recommended he continue his steroids as prescribed. Recommended otc benadryl at night and pepcid twice daily for the next 5 days for allergic reaction. Request ER records for review. Advised him to keep an epi-pen on himself at all times and to use it if he has even 1 ant bite as the reaction next time can be worse and occur faster. His wife is with him, I advised her to call 911 immediately if he uses his epi-pen or has ant bites. She verbalized understanding.

He has T2DM and has not been evaluated since Jan. 2023. I asked him to schedule a follow up appt in 2 weeks for labs and recheck. He verbalized understanding.

Recheck BP at next visit as it is elevated today.

He has a vascular surgeon- Dr. Sellers. He states he received a letter from their office that he could no longer be seen due to too many no show appts. He states that their office called and canceled him. I recommended he call and talk to their office manager to get clarification so he can continue to follow up.

Electronically signed by Lindsey Barton, CRNP on 09/30/24 2:30 PM

L. Barton, DNP, CRNP