

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/12/24

PATIENT: OMUR KURSUN, DENIZ **DOB:** 02/06/1978 **Gender:** FEMALE **MRN:** 4965 **AGE:** 46 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: bloating

HISTORY OF PRESENT ILLNESS: Mrs. Kursun is a 46 yo female here today for abdominal bloating after meals for the past week. She denies abdominal pain, urinary symptoms, fever, nausea, vomiting, or diarrhea, but reports hard stools for the past week. She states her last normal BM was about a week ago. She has a history of constipation in the past and has taken miralax that did help her, but that was 1-2 years ago. She is still taking pepcid for GERD and she says that works better for her than the nexium. She sees GI for her symptoms. She tried calling them on Thursday but has not heard back from them since this morning. She denies bloating presently, but states she has eaten today.

VITALS: BP: 124/78 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 72; **Temp:** 97.3; **Resp:** 16; **Ht:** 65 in.; **Wt:** 178.7 lbs.;
BMI: 29.73; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Pepcid 20 mg tablet (Take 1 tablet PO BID for acid reflux.)

Vitamin D2 1,250 mcg (50,000 unit) capsule (1 CAPSULE PO ONCE WEEKLY.)

PAST MEDICAL HISTORY: HTN, High Cholesterol after pregnancy, Vitamin D and B12 deficiency, GERD, History of H. Pylori. Constipation.

PAST SURGICAL HISTORY: C-section x 2; EGD.

SOCIAL HISTORY: Denies smoking, ETOH or illicit drug use.

HEALTH MX HISTORY:

Pap smear and mammo: 2022

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted. No CVA tenderness.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/12/24

PATIENT: OMUR KURSUN, DENIZ **DOB:** 02/06/1978 **Gender:** FEMALE **MRN:** 4965 **AGE:** 46 Years

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

UA (1 unit(s)): In-House Lab
Cyanocobalamin 1000mcg/ml (1 unit(s)): Injection

RESULTS:

UA:
Appearance: clear
Color: amber
Glucose: Negative
Bill: Positive
Ketones: Negative
Sp: 1.020
Blood: Negative
pH: 5
Protein: Negative
Urobilinogen: Positive
Nitrites: Negative
Leukocytes: Positive
CS: no
Comments: Leuk: 25 Leu/uL

UBG: 1 md/dL

Bil: 1 mg/dL

Cyanocobalamin 1000mcg/ml:
Site Given: Left Deltoid
Dosage Given: 1 milliliter(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

K59.00 - Constipation, unspecified (PRIMARY)
R14.0 - ABDOMINAL DISTENSION (GASEOUS)
E53.8 - DEFICIENCY OF OTHER SPECIFIED B GROUP VITAMINS

PLAN:

Restart miralax once daily as needed for constipation. Continue pepcid. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 02/12/24 10:16 AM

L Barton, CRNP

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/12/24

PATIENT: OMUR KURSUN, DENIZ **DOB:** 02/06/1978 **Gender:** FEMALE **MRN:** 4965 **AGE:** 46 Years