

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/11/23

PATIENT: OMUR KURSUN, DENIZ **DOB:** 02/06/1978 **Gender:** FEMALE **MRN:** 4965 **AGE:** 45 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: weight gain, facial hair, asking for hormone levels to be checked.

HISTORY OF PRESENT ILLNESS: Has history of PCOS. Her cycles are every 45 days. She has a GYN she sees on a regular basis. Her last mammogram and pap smear were in 2022 and reportedly normal. She reports about a 20 lb weight gain in the past 2 years despite the fact that she walks for 1 hr about 3-5 days a week. Associated with fatigue and facial hair. Denies mood swings or hot flashes.

VITALS: BP: 136/81 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 62; **Temp:** 96.4; **Resp:** 16; **Ht:** 65 in.; **Wt:** 186.3 lbs.;
BMI: 31; **Pulse Oximetry:** 97%; **FDLMP:** 03/03/23

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: HTN, High Cholesterol after pregnancy

PAST SURGICAL HISTORY: C-section x 2

SOCIAL HISTORY: Denies smoking, ETOH or illicit drug use.

HEALTH MX HISTORY:

Pap smear and mammo: 2022

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
Serum total testosterone (1 unit(s)): Quest Diagnostics
TSH W/REFLEX T4, FREE (QUEST) (1 unit(s)): Quest Diagnostics
VITAMIN D 25 - HYDROXY, TOTAL (QUEST) (1 unit(s)): Quest Diagnostics
HEMOGLOBIN A1c (1 unit(s)): Quest Diagnostics
Estradiol (1 unit(s)): Quest Diagnostics
LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
VITAMIN B12 (QUEST) (1 unit(s)): Quest Diagnostics
Progesterone (1 unit(s)): Quest Diagnostics

ASSESSMENT:

E28.2 - POLYCYSTIC OVARIAN SYNDROME (PRIMARY)
R53.83 - OTHER FATIGUE
R63.5 - ABNORMAL WEIGHT GAIN
Z13.1 - ENCOUNTER FOR SCREENING FOR DIABETES MELLITUS

PLAN:

Follow up with lab results.

Electronically signed by Lindsey Barton, CRNP on 04/11/23 9:57 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.