

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/01/23

PATIENT: OMUR KURSUN, DENIZ **DOB:** 02/06/1978 **Gender:** FEMALE **MRN:** 4965 **AGE:** 45 Years

VISIT TYPE: Sick Visit- Est

CHIEF COMPLAINT: Flu vaccine, Vitamin B 12 inj, Lipid Panel collection

Symptoms: Recently seen and treated for thrush with nystatin. She completed the treatment over 6 days. She feels better but doesn't feel like it's completely gone. Her tongue still doesn't feel completely back to normal. She states she had thrush once before 2 years ago when she was also diagnosed with H. Pylori. She denies any symptoms of H. Pylori now and reports that she has a GI appt November 15th. She is requesting to be retested for H. pylori before her GI appt if possible. She denies recent antibiotic use. Recent Hgb A1C was normal.

VITALS: BP: 130/86 **Pulse:** 53; **Temp:** 97.8; **Resp:** 16; **Ht:** 65 in.; **Wt:** 183 lbs.; **BMI:** 30.45; **Pulse Oximetry:** 98%;
FDLMP: 08/08/23

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Nexium 20 mg capsule, delayed release (1 TABLET DAILY)

Vitamin D2 1,250 mcg (50,000 unit) capsule (1 CAPSULE PO ONCE WEEKLY.)

nystatin 100,000 unit/mL oral suspension (TAKE 5 MILLILITERS (500,000 UNIT) BY ORAL ROUTE 4 TIMES PER DAY UNTIL THRUSH CLEARS)

PAST MEDICAL HISTORY: HTN, High Cholesterol after pregnancy, Vitamin D and B12 deficiency, GERD, History of H. Pylori.

PAST SURGICAL HISTORY: C-section x 2; EGD.

SOCIAL HISTORY: Denies smoking, ETOH or illicit drug use.

HEALTH MX HISTORY:

Pap smear and mammo: 2022

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement. Top of tongue is a little white.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics
Influenza virus vaccine (1 unit(s)): Immunizations
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Immunization Injection Administration (1 unit(s)): Injection
Cyanocobalamin 1000mcg/ml (1 unit(s)): Injection

RESULTS:

Cyanocobalamin 1000mcg/ml:
Site Given: Left Deltoid
Dosage Given: 1 milliliter(s)
Administered By: Bicknell, Miranda - RN

Influenza virus vaccine:
Site Given: Right Deltoid
Dosage Given: 0.5 milliliter(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

B37.0 - Candidal stomatitis (PRIMARY)
K21.9 - Gastro-esophageal reflux disease without esophagitis
Z23 - ENCOUNTER FOR IMMUNIZATION
E78.9 - DISORDER OF LIPOPROTEIN METABOLISM, UNSPECIFIED
E53.8 - DEFICIENCY OF OTHER SPECIFIED B GROUP VITAMINS

PLAN:

She will need to be off nexium for 2 weeks before H. pylori testing due to possible false negative. Switch to pepcid for 2 weeks then she will need to stop all meds for GERD 2 days prior to testing for H. Pylori.

In regards to thrush- repeat nystatin treatment.

Follow up as needed.

Pepcid 20 mg tablet
Refills: 0 Qty: 28 TABLET(S)
Instructions: TAKE 1 TABLET (20 MG) BY ORAL ROUTE 2 TIMES PER DAY for 14 days. Stop nexium for now and restart after H. pylori testing.

nystatin 100,000 unit/mL oral suspension
Refills: 0 Qty: 240 ML(S)
Instructions: TAKE 5 MILLILITERS (500,000 UNIT) BY ORAL ROUTE 4 TIMES PER DAY UNTIL THRUSH CLEARS

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Electronically signed by Lindsey Barton, CRNP on 09/01/23 10:53 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.