



Capital City Gastroenterology

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Dr. M Anderson, Dr. Nina Nelson-Garret, Dr. Heather Echols, Dr. W. Penn White

FROM: Outsource GI (334) 495-2604

TO: (334) 244-3396

SUBJECT: Deniz Omur Kursun Recent notes

DATE: Thu, 11/30/23, 10:50 AM CST

INSTRUCTIONS:

Deniz Omur Kursun

Date of Birth 02/06/1978

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Capital City Gastroenterology PC

History and Physical

Patient Name:	Deniz Omurkursun	Visit Date:	November 15, 2023
Patient ID:	168536	Provider:	Jackie Shumate, NP
Sex:	Male	Location:	Capital City Gastroenterology
Birthdate:	February 6, 1978	Location Address:	4126 Carmichael Court Montgomery, AL 36106-2871
		Location Phone:	(334) 495-2600

Chief Complaint

- Gastroenterology Evaluation

History Of Present Illness

The patient is a 45 year old Caucasian/White male , who presents on referral from REFERRING CARE PROVIDER NAME , for a gastroenterology evaluation.

3D 2021 in Maryland showed some gastritis, normal esophagus, neg HP.
He reports 5-6 years ago having a traumatic experience with thrush, h.pylori, heartburn, dysphagia and ever since that time she has noticed a "sensitive stomach." She stopped Nexium because her vitamin b12 and d were low. she is on Pepcid 20mg bid since 9/2023 and has not had any breakthrough of reflux, or heartburn. She is following GERD diet. She denies any dysphagia, weight loss. NO nausea/vomiting.
He is on EOD with constipation at times. She denies any blood, mucus, or melena in stools.

No abdominal pain.
He does not take NSAIDS.

Past Medical History

Disease Name	Date Onset	Notes
Heart burn	--	--
Helicobacter pylori (H. pylori)	--	--

Past Surgical History

Procedure Name	Date	Notes
C section	--	--

Medication List

Name	Date Started	Instructions
famotidine 20 mg tablet		take 1 tablet (20 mg) by oral route 2 times per day

Allergy List

Allergen Name	Date	Reaction	Notes
NO KNOWN DRUG ALLERGIES	--	--	--

Allergies Reconciled

Social History

Finding	Status	Start/ Stop	Quantity	Notes
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Denies illicit substance abuse	—	0/0	0	—
Has never smoked	—	0/0	0	—
Has never used alcohol	—	0/0	0	—

Review of Systems

Constitutional

- Denies : fever, chills, additional symptoms, except what is stated in the HPI

Eyes

- Denies : additional symptoms, except what is stated in the HPI

HENT

- Denies : thyroid mass, recent head injury, additional symptoms, except what is stated in the HPI

Breasts

- Denies : additional symptoms, except what is stated in the HPI

Cardiovascular

- Denies : chest pain, irregular heart beats, additional symptoms, except what is stated in the HPI

Respiratory

- Denies : shortness of breath, wheezing, additional symptoms, except what is stated in the HPI

Gastrointestinal

- * See HPI

Genitourinary

- Denies : hematuria, change in urine color, additional symptoms, except what is stated in the HPI

Integument

- Denies : rash, new skin lesions, additional symptoms, except what is stated in the HPI

Neurologic

- Denies : headaches, seizures, additional symptoms, except what is stated in the HPI

Musculoskeletal

- Denies : additional symptoms, except what is stated in the HPI

Endocrine

- Denies : weight gain, weight loss, additional symptoms, except what is stated in the HPI

Psychiatric

- Denies : additional symptoms, except what is stated in the HPI

Heme-Lymph

- Denies : lymph node enlargement or tenderness, additional symptoms, except what is stated in the HPI

Allergic-Immunologic

- Denies : additional symptoms, except what is stated in the HPI

All Others Negative

itals

ate	Time	BP	Position	Site	Cuff		TEMP		WT	HT	BMI	BSA	O2	FR
					L/R	Size	HR	RR	(F)		kg/m ²	m ²	Sat	L/min FiO2 HC
11/15/2023	08:28 AM	164/83	Sitting				54 - R		97	183lbs	0oz	5' 5"	30.45	1.95

Physical Examination

Constitutional

- Appearance** : Well nourished, well developed patient in no acute distress. Ambulating without difficulty.
- Ability to Communicate** : Normal communication ability

Chest

- Respiratory Effort** : Breathing is unlabored without accessory muscle use
- Auscultation** : Normal breath sounds

Cardiovascular

- Heart** : heart rate regular

Gastrointestinal

- Abdominal Exam** : Abdomen soft without rigidity or guarding, abdomen non-tender to palpation, normal bowel sounds, no masses present
- Liver and Spleen** : No hepatomegaly present. Liver is non-tender to palpation and spleen is not palpable.

- **Hernias** : No abdominal wall hernias are present.

Skin

- **General Inspection** : No rashes, lesions or areas of discoloration present. Skin turgor is normal.

Assessment

- (1) GERD (gastroesophageal reflux disease) 530.81/K21.9
continue dietary changes, Pepcid bid prn.
EGD if needed

encouraged colon cancer screening; she will discuss with PCP.

total time spent: 34min

Problems Reconciled

Plan**Medications**

- Medications have been Reconciled

Instructions

- handouts provided

Disposition

- Call or Return if symptoms worsen or persist.

Electronically Signed by: Jackie Shumate, NP -Author on November 15, 2023 09:27:38 AM

Reviewed
11/30/23
J. Shumate, NP