

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/01/24

PATIENT: BRONSON, PORTIA **DOB:** 06/16/1983 **Gender:** FEMALE **MRN:** 4969 **AGE:** 40 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: runny nose, congestion, cough, body aches for the past 2 days.

Symptoms: Associated with loss of smell. Took mucinex just prior to coming.

VITALS: BP: 154/78 **Pulse:** 83; **Temp:** 99.7; **Resp:** 18; **Wt:** 324 lbs.; **Pulse Oximetry:** 96%

ALLERGIES: YAZ (28)

MEDICATIONS:

Farxiga 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)

Lancets,Ultra Thin (check blood sugar once daily)

Ozempic 2 mg/dose (8 mg/3 mL) subcutaneous pen injector (INJECT 2 MG BY SUBCUTANEOUS ROUTE ONCE WEEKLY ON THE SAME DAY OF EACH WEEK (DISP. 12 PENS FOR 3 MONTH SUPPLY).)

blood sugar diagnostic strips (check blood sugar once daily and as needed for low blood sugar symptoms.)

lisinopril 20 mg tablet (TAKE 1 TABLET (20 MG) BY ORAL ROUTE ONCE DAILY)

PAST MEDICAL HISTORY: T2DM, HTN, GERD

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Married. Her husband works on campus. They recently moved here from New York. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

HEALTH MX HISTORY:

DM Foot Exam- January 2024

Wellness- Jan. 2024

Microalbumin- Jan. 2024

Last eye exam- Dec. 2022

Pap smear- March 2021- reportedly normal.

Mammogram- 2023- abnormal- had US in July 2023 and January 2024. See reports.

Last Hgb A1C- January 2024

She was taken off metformin secondary to diarrhea on the lowest dose.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No

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peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

INFLUENZA (1 unit(s)): In-House Lab

Abbott COVID Rapid Test (1 unit(s)): In-House Lab

RESULTS:

STREP A:

Value: Negative

INFLUENZA:

Value: Negative

Abbott COVID Rapid Test:

Value: Positive

ASSESSMENT:

U07.1 - COVID-19 (PRIMARY).

R05.9 - Cough, unspecified.

R09.89 - Other specified symptoms and signs involving the circulatory and respiratory systems.

PLAN:

Excuse

Will need to quarantine for the next 5 days. Given AUM COVID care sheet. Rx as per below. Given ER precautions for worsening symptoms. She verbalized understanding.

Paxlovid 300 mg (150 mg x 2)-100 mg tablets in a dose pack

Refills: 0 Qty: 1 PACKET(S)

Instructions: TAKE BY ORAL ROUTE 2 TIMES PER DAY PER PACKAGE DIRECTIONS FOR 5 DAYS

Electronically signed by Lindsey Barton, CRNP on 02/01/24 3:34 PM



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