

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/25/26

PATIENT: BRONSON, PORTIA **DOB:** 06/16/1983 **Gender:** FEMALE **MRN:** 4969 **AGE:** 42 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: right knee pain for past 6-7 weeks with no known causative factors

HISTORY OF PRESENT ILLNESS: 42 YO F c/o right knee pain, medial, for past 6-7 weeks, denies injury, pt has recently started exercising but states pain began approx 2 weeks before that. Pt denies swelling, redness, weakness. Denies any falls, or ambulatory issues.

VITALS: BP: 148/77 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 68; **Temp:** 97.7; **Resp:** 16; **Ht:** 65 in.; **Wt:** 327.3 lbs.; **BMI:** 54.46; **Pulse Oximetry:** 98%; **FDLMP:** 02/11/26

ALLERGIES: YAZ (28)

MEDICATIONS:

Farxiga 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)
Lancets,Ultra Thin (check blood sugar once daily)
Mounjaro 12.5 mg/0.5 mL subcutaneous pen injector (INJECT 12.5 MG BY SUBCUTANEOUS ROUTE ONCE WEEKLY)
blood sugar diagnostic strips (check blood sugar once daily and as needed for low blood sugar symptoms.)
lisinopril 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY)

PAST MEDICAL HISTORY: T2DM, HTN, GERD

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Married. Her husband works on campus. They recently moved here from New York. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

HEALTH MX HISTORY:

DM Foot Exam- February 2025
Wellness- Feb. 2025
Microalbumin- Feb. 2025
Last eye exam- Summer 2024
Pap smear- April 2024- normal. - Dr. Brenner at Montgomery Women's Health Associates.
Mammogram- 2023- abnormal- had US in July 2023 and January 2024. See reports.
Last Mammo- Jan. 2025. Recommended yearly exams.

Last Hgb A1C- Feb. 2025 6.8%

She was taken off metformin secondary to diarrhea on the lowest dose.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

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CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally. Positive for mild point tenderness right medial knee, no observable abnormalities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

M25.561 - Pain in right knee (PRIMARY)

PLAN:

Referral: East Montgomery Imaging Center (Radiology)

Instructions: XR right knee

Naprosyn 500 mg tablet

Refills: 0 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE 2 TIMES PER DAY WITH FOOD AS NEEDED

Pt advised to RICE, if xray normal will consider MRI if issues persist.

Electronically signed by Breena Till, CRNP on 02/25/26 2:58 PM

