

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/22/26

PATIENT: BRONSON, PORTIA **DOB:** 06/16/1983 **Gender:** FEMALE **MRN:** 4969 **AGE:** 42 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: UTI symptoms

HISTORY OF PRESENT ILLNESS: 42 YO F PTC with c/o UTI symptoms, states same as previous, night sweats and increased urination, denies any lower back pain or abd pain, denies any blood in urine.

VITALS: BP: 166/73 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 61; **Temp:** 96.6; **Resp:** 16; **Ht:** 65 in.; **Wt:** 322 lbs.;
BMI: 53.58; **Pulse Oximetry:** 98%; **FDLMP:** 05/12/26

ALLERGIES: YAZ (28)

MEDICATIONS:

Farxiga 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)
Lancets,Ultra Thin (check blood sugar once daily)
Mounjaro 12.5 mg/0.5 mL subcutaneous pen injector (INJECT 12.5 MG BY SUBCUTANEOUS ROUTE ONCE WEEKLY)
blood sugar diagnostic strips (check blood sugar once daily and as needed for low blood sugar symptoms.)
lisinopril 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY)

PAST MEDICAL HISTORY: T2DM, HTN, GERD

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Married. Her husband works on campus. They recently moved here from New York. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

HEALTH MX HISTORY:

DM Foot Exam- February 2025
Wellness- Feb. 2025
Microalbumin- Feb. 2025
Last eye exam- Summer 2024
Pap smear- April 2024- normal. - Dr. Brenner at Montgomery Women's Health Associates.
Mammogram- 2023- abnormal- had US in July 2023 and January 2024. See reports.
Last Mammo- Jan. 2025. Recommended yearly exams.

Last Hgb A1C- Feb. 2025 6.8%

She was taken off metformin secondary to diarrhea on the lowest dose.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No

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peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

ORDERS:

UA (1 unit(s)): In-House Lab

RESULTS:

UA:

Appearance: cloudy

Color: amber

Glucose: Positive

Bill: Negative

Ketones: Negative

Sp: 1.005

Blood: Positive

pH: 7

Protein: Negative

Urobilinogen: Negative

Nitrites: Negative

Leukocytes: Positive

Comments: Leuk: 500 Leu/uL

Blood: 250 Ery/uL

Glucose: >1000 mg/dL

ASSESSMENT:

R30.0 - DYSURIA (PRIMARY)

N39.0 - Urinary tract infection, site not specified

PLAN:

Treatment Antibiotics: o Take exactly as prescribed, even if symptoms improve before the medicine is finished. o Do not skip doses or stop early incomplete treatment may cause recurrence or antibiotic resistance. Pain relief: o Phenazopyridine (Pyridium) may be prescribed to relieve burning (turns urine orange). o Use acetaminophen (Tylenol) or ibuprofen (Motrin) for pain or fever as needed. Hydration: o Drink 810 glasses of water per day (unless restricted) to help flush bacteria from the bladder. Rest: o Get adequate rest until fever and discomfort subside.

Home Care and Prevention Tips Wipe front to back after using the bathroom to prevent bacteria from entering the urethra. Urinate after sexual activity to flush out bacteria. Avoid holding urine for long periods empty your bladder regularly. Avoid irritants: o Skip bubble baths, douches, or perfumed feminine hygiene sprays. o Wear loose cotton underwear and avoid tight clothing. Increase fluids: Water is best avoid caffeine, alcohol, and carbonated drinks which can irritate the bladder. Cranberry juice or tablets may help prevent recurrence in some individuals (check with your provider).

Bactrim DS 800 mg-160 mg tablet

Refills: 0 Qty: 14 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

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fluconazole 150 mg tablet

Refills: 3 Qty: 3 TABLET(S)

Instructions: TAKE ONE TABLET PO, may repeat Q 72 HOURS X 3 FOR VAGINAL CANDIDIASIS

Electronically signed by Breena Till, CRNP on 05/22/26 2:38 PM

A handwritten signature in cursive script, appearing to read "B. Till", is written in black ink.