

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/25/21

PATIENT: BRUNSON, PORTIA **DOB:** 06/16/1983 **Gender:** FEMALE **MRN:** 4969 **AGE:** 38 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: loss of taste/smell, cough, headache, nasal congestion.

HISTORY OF PRESENT ILLNESS: Patient presents to clinic with complaints of loss of taste/smell, nasal congestion, cough, headache, diarrhea, and body aches that have been present for 3 days. Patient is partially vaccinated with 1 dose of the Pfizer vaccine. Past medical history includes HTN and DM. Her family has also tested positive for covid today.

VITALS: BP: 148/78 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 68; **Temp:** 97.5; **Resp:** 16; **Ht:** 65 in.; **Wt:** 356 lbs.;
BMI: 59.24; **Pulse Oximetry:** 97%; **FDLMP:** 08/08/21

ALLERGIES: YAZ (28)

MEDICATIONS:

lisinopril 20 mg tablet
metformin 500 mg tablet
omeprazole 20 mg capsule, delayed release

PAST MEDICAL HISTORY: T2DM, HTN, GERD

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Married. Her husband works on campus. They recently moved here from New York. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant. Morbid obesity.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

Abbott Binax Now Rapid COVID :
Value: Positive

Dexamethasone 4mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Barton, Lindsey - CRNP

Depo-Medrol 40mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 40 milligram(s)
Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

U07.1 - COVID-19 (PRIMARY)
R43.2 - Parageusia
R43.0 - Anosmia
I10 - Essential (primary) hypertension
E11.9 - Type 2 diabetes mellitus without complications

PLAN:

Will send referral to schedule monoclonal antibody infusion at BMCS. Given steroid shot in office. Rx as per below. Recommend zyrtec otc once daily. Vitamin D, C, and zinc otc daily. ER precautions given for worsening symptoms. Follow up as needed.

Polytussin DM 1 mg-5 mg-10 mg/5 mL oral syrup
Refills: 0 Qty: 120 ML(S)
Instructions: 10 ml PO every 6 hrs as needed for cough/congestion

azithromycin 250 mg tablet
Refills: 0 Qty: 6 TABLET(S)
Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS

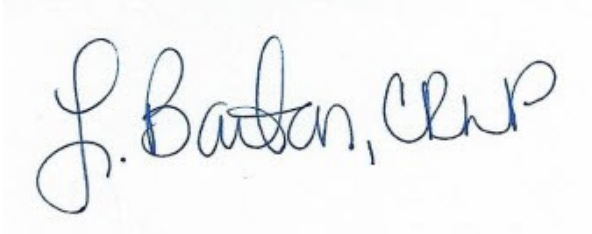
Electronically signed by Lindsey Barton, CRNP on 08/25/21 6:13 PM

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A handwritten signature in blue ink that reads "J. Barton, CRP". The signature is written in a cursive style with a large initial "J" and a stylized "B".