

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 10/13/25

PATIENT: BRONSON, PORTIA **DOB:** 06/16/1983 **Gender:** FEMALE **MRN:** 4969 **AGE:** 42 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: frequent urination with a burning sensation. Vaginal discomfort with no discharge

HISTORY OF PRESENT ILLNESS: Patient is here with frequent urination with a burning sensation. She also complains of vaginal discomfort with no discharge but has a hx of frequent yeast infections with farxiga. She denies fever or chills.

VITALS: BP: 147/79 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 68; **Temp:** 97.4; **Resp:** 18; **Ht:** 65 in.; **Wt:** 324.1 lbs.;
BMI: 53.93; **Pulse Oximetry:** 98%

ALLERGIES: YAZ (28)

MEDICATIONS:

Farxiga 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)

Lancets,Ultra Thin (check blood sugar once daily)

Mounjaro 7.5 mg/0.5 mL subcutaneous pen injector (TAKE ONE INJECTION WEEKLY. WILL INCREASE MONTHLY UNTIL THERAPEUTIC EFFECTS SEEN.)

blood sugar diagnostic strips (check blood sugar once daily and as needed for low blood sugar symptoms.)

lisinopril 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY)

PAST MEDICAL HISTORY: T2DM, HTN, GERD

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Married. Her husband works on campus. They recently moved here from New York. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

HEALTH MX HISTORY:

DM Foot Exam- February 2025

Wellness- Feb. 2025

Microalbumin- Feb. 2025

Last eye exam- Summer 2024

Pap smear- April 2024- normal. - Dr. Brenner at Montgomery Women's Health Associates.

Mammogram- 2023- abnormal- had US in July 2023 and January 2024. See reports.

Last Mammo- Jan. 2025. Recommended yearly exams.

Last Hgb A1C- Feb. 2025 6.8%

She was taken off metformin secondary to diarrhea on the lowest dose.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI.

MUSCULOSKELETAL: Normal range of movement x 4 extremities.

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

UA (1 unit(s)): In-House Lab
Urine Culture Routine (1 unit(s)): LabCorp

RESULTS:

UA:
 Appearance: CLOUDY
 Color: YELLOW
 Glucose: Positive
 Bill: Negative
 Ketones: Negative
 Sp: 1.015
 Blood: Positive
 pH: 5
 Protein: Positive
 Urobilinogen: Negative
 Nitrites: Negative
 Leukocytes: Positive
 CS: YES

ASSESSMENT:

N39.0 - URINARY TRACT INFECTION, SITE NOT SPECIFIED (PRIMARY)
B37.31 - ACUTE CANDIDIASIS OF VULVA AND VAGINA
R30.0 - DYSURIA

PLAN:

Patient is here with UTI and vaginal yeast infection. Encouraged to increase water intake and prescribed:

Macrobid 100 mg capsule
Refills: 0 Qty: 10 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE EVERY 12 HOURS WITH FOOD

fluconazole 150 mg tablet
Refills: 3 Qty: 3 TABLET(S)
Instructions: TAKE ONE TABLET PO Q 72 HOURS X 3 FOR VAGINAL CANDIDIASIS

Electronically signed by Hayley Guthrie, CRNP on 10/13/25 3:36 PM

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