

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 12/03/25

PATIENT: BRONSON, PORTIA **DOB:** 06/16/1983 **Gender:** FEMALE **MRN:** 4969 **AGE:** 42 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: nasal congestion, body aches, cough, headache, loss of taste and smell since last night

HISTORY OF PRESENT ILLNESS: Patient is here for nasal congestion, body aches, cough, headache, loss of taste and smell since last night

VITALS: BP: 138/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 78; **Temp:** 97; **Resp:** 18; **Ht:** 65 in.; **Wt:** 322.6 lbs.;
BMI: 53.68; **Pulse Oximetry:** 97%; **FDLMP:** 11/19/25

ALLERGIES: YAZ (28)

MEDICATIONS:

Farxiga 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY IN THE MORNING)
Lancets,Ultra Thin (check blood sugar once daily)
Mounjaro 12.5 mg/0.5 mL subcutaneous pen injector (INJECT 12.5 MG BY SUBCUTANEOUS ROUTE ONCE WEEKLY)
blood sugar diagnostic strips (check blood sugar once daily and as needed for low blood sugar symptoms.)
lisinopril 40 mg tablet (TAKE 1 TABLET (40 MG) BY ORAL ROUTE ONCE DAILY)

PAST MEDICAL HISTORY: T2DM, HTN, GERD

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Married. Her husband works on campus. They recently moved here from New York. Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

HEALTH MX HISTORY:

DM Foot Exam- February 2025
Wellness- Feb. 2025
Microalbumin- Feb. 2025
Last eye exam- Summer 2024
Pap smear- April 2024- normal. - Dr. Brenner at Montgomery Women's Health Associates.
Mammogram- 2023- abnormal- had US in July 2023 and January 2024. See reports.
Last Mammo- Jan. 2025. Recommended yearly exams.

Last Hgb A1C- Feb. 2025 6.8%

She was taken off metformin secondary to diarrhea on the lowest dose.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear.

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Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. Anterior cervical nodes palpated.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA Rapid Test (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA Rapid Test:
Value: Positive
Comment: Flu A

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

J11.1 - FLU DUE TO UNIDENT FLU VIRUS W OTH RESP MANIFEST (PRIMARY)
J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED

PLAN:

Patient is here with flu. Gave samples of medication for cough and congestion. Prescribed:

Xofluza 80 mg tablet
Refills: 0 Qty: 1 TABLET(S)
Instructions: TAKE 1 TABLET (80 MG) BY ORAL ROUTE ONCE

Poly-Vent DM 60 mg-20 mg-380 mg tablet
Refills: 0 Qty: 8 TABLET(S)
Instructions: TAKE ONE PO Q 4-6 HRS PRN COUGH/CONGESTION (Dispensed)

Electronically signed by Hayley Guthrie, CRNP on 12/03/25 11:11 AM

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A handwritten signature in black ink, appearing to read "Ashley Guthrie". The signature is written in a cursive, flowing style.