

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/03/24

PATIENT: FAIN, EMERSYN **DOB:** 12/05/2017 **Gender:** FEMALE **MRN:** 4985 **AGE:** 6 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Fever, sore throat, cough

HISTORY OF PRESENT ILLNESS: Emersyn is a 6 yo female accompanied by her mom. She started having fever last night with T-max 101 associated with cough and sore throat. She reports she just got over a 4-day stomach virus last week. She was given tylenol this am. She does have asthma and is using her inhalers because her asthma has been flaring up due to playing softball and the pollen.

VITALS: **Pulse:** 117; **Temp:** 97.8; **Resp:** 18; **Ht:** 48 in.; **Wt:** 52.2 lbs.; **BMI:** 15.92; **Pulse Oximetry:** 97%

GROWTH PERCENTILES:

Weight/Age: 74

Height/Age: 82

Weight/Height: N/A

BMI/Age: 64

Head Circumference/Age: N/A

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Singulair 4 mg chewable tablet (take 1 tablet daily PO at bedtime)

albuterol sulf 90 mcg/actuation breath activated powder inhaler,sensor (PRN)

budesonide 0.5 mg/2 mL suspension for nebulization (INHALE 2 MILLILITERS (0.5 MG) BY NEBULIZATION ROUTE once daily)

PAST MEDICAL HISTORY: asthma; RSV

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Lives with both parents. Attends daycare.

FAMILY HISTORY: Hyperlipidemia- dad and grandparent; heart disease- grandparent; breast cancer- grandparent.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

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MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Abbott COVID Rapid Test (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Positive
Comment: Flu A +

Abbott COVID Rapid Test:
Value: Negative

ASSESSMENT:

J10.1 - Influenza due to other identified influenza virus with other respiratory manifestations (PRIMARY)
R50.9 - FEVER, UNSPECIFIED
R05.9 - COUGH, UNSPECIFIED
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

PLAN:

Excuse

Mom declines tamiflu at this time. Will treat symptoms with tylenol or motrin as needed and rx as per below. Continue inhalers for asthma as directed. She is not wheezing currently and her symptoms related to the flu appear to be mild. Follow up if worsening symptoms or no improvement.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup
Refills: 0 Qty: 120 ML(S)
Instructions: TAKE 5 MILLILITERS BY ORAL ROUTE EVERY 4 HOURS AS NEEDED FOR COUGH/CONGESTION

Electronically signed by Lindsey Barton, CRNP on 04/03/24 9:20 AM

L Barton, CRNP

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