

**Auburn Montgomery Student Health Services**

7461 East Dr  
Montgomery AL, 36117-8092  
(334) 244-3281

**Date:** 09/01/21

**PATIENT:** SHELLEY, TAMI    **DOB:** 03/13/1959    **Gender:** FEMALE    **MRN:** 4986    **AGE:** 62 Years

**VISIT TYPE:** Office Visit New

**CHIEF COMPLAINT:** sore throat, nasal congestion, nausea, cough, fatigue.

**HISTORY OF PRESENT ILLNESS:** Patient presents to clinic with complaints of sore throat, nasal congestion, nausea, cough, and fatigue. Patient states that symptoms have been present since yesterday. Patient denies loss of taste/smell, V/D, and shortness of breath. She has been fully vaccinated with Pfizer since February.

She would like to discuss antibody testing if her COVID is negative.

She also c/o small know to the palm of her left hand for the past few weeks that is painful at times.

**VITALS:** BP: 140/88    **Site:** RIGHT ARM    **Position:** SITTING    **Pulse:** 69;    **Temp:** 96.9;    **Resp:** 16;    **Ht:** 65.5 in.;    **Wt:** 139 lbs.;    **BMI:** 22.77;    **Pulse Oximetry:** 100%

**ALLERGIES:** No Known Drug Allergies

**MEDICATIONS:**

Augmentin 875 mg-125 mg tablet (TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS)  
Dymista 137 mcg-50 mcg/spray nasal spray (2x daily)  
Flovent HFA 220 mcg/actuation aerosol inhaler  
Fosamax 70 mg tablet (1 tablet once weekly)  
Lipitor 10 mg tablet (1 tablet daily)  
Zoloft 50 mg tablet (1 tablet daily)  
clonazepam 0.5 mg tablet (1/4 tablet daily as needed.)  
losartan 25 mg tablet (1 tablet daily)  
omeprazole 40 mg capsule, delayed release (1 tablet daily)

**PAST MEDICAL HISTORY:** Osteoporosis, GERD, asthma, HLD, MVP followed by Dysautonomia clinic in BHM, History of multiple falls with fractures, anxiety

**PAST SURGICAL HISTORY:** retinal surgery, bunion, several fractures

**SOCIAL HISTORY:**

**FAMILY HISTORY:** Father- Lung cancer, alcoholism; Mother- pancreatic cancer, alcoholism; Brother- HLD; Sister- HLD; Grandparent- stroke, HLD.

**REVIEW OF SYSTEMS:**

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

**PHYSICAL EXAMINATION:**

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No

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peripheral edema bilateral lower extremities.

**RESPIRATORY:** Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

**MUSCULOSKELETAL:** Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

**INTEGUMENTARY:** Warm, dry, intact. No lesions or rash noted. Small, moveable, pebble like nodule to left hand ventral side at the base of the middle finger.

**NEUROLOGIC:** Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

**PSYCHIATRIC:** Appropriate mood and affect.

**ORDERS:**

STREP A (1 unit(s)): In-House Lab

Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

**RESULTS:**

STREP A:

Value: Negative

Abbott Binax Now Rapid COVID :

Value: Negative

**ASSESSMENT:**

J01.90 - Acute sinusitis, unspecified (PRIMARY)

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS

M67.40 - GANGLION, UNSPECIFIED SITE

**PLAN:**

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup

Refills: 0 Qty: 120 ML(S)

Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 8 HOURS for cough and congestion

Follow up with Dr. Turki (ortho) regarding ganglion cyst. She is a current patient of his.

Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 09/06/21 9:30 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.

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