

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/05/22

PATIENT: ROSS, AUDREY **DOB:** 08/25/1993 **Gender:** FEMALE **MRN:** 4987 **AGE:** 28 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sore throat

HISTORY OF PRESENT ILLNESS: Ms. Ross is a 28 yo female here today for sore throat and swollen right tonsil. This has been ongoing since September 2021. She called a teledoc and was prescribed amoxil 500mg BID. She completed the antibiotic. 1 week later her symptoms returned so she called the teledoc again. In October she was treated with azithromycin. She continues to have a mild sore throat and right tonsillar swelling. Denies fever or any other URI symptoms.

She has a history of thyroid nodule s/p biopsy in the past. They are monitoring it for now. She also has hypothyroidism. She is requesting a referral to endocrinologist.

Her last pap smear was August 2021. Refill birth control pills.

VITALS: BP: 122/84 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 89; **Temp:** 98.7; **Resp:** 16; **Ht:** 64 in.; **Wt:** 138.3 lbs.;
BMI: 23.73; **Pulse Oximetry:** 98%; **FDLMP:** 04/21/22

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Zoloft 25 mg tablet (1 tablet daily)
levothyroxine 50 mcg tablet (1 tablet daily)

PAST MEDICAL HISTORY: Hypothyroidism, thyroid nodule, depression, migraines

PAST SURGICAL HISTORY: Thyroid biopsy.

SOCIAL HISTORY: Drinks alcohol socially. Denies smoking or illicit drug use. Works on campus.

FAMILY HISTORY: Unknown.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythematous w/ tonsillar exudate to right tonsil with 2 + right tonsillar hypertrophy. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Positive

ASSESSMENT:

J02.0 - STREPTOCOCCAL PHARYNGITIS (PRIMARY)
E03.9 - HYPOTHYROIDISM, UNSPECIFIED
E04.1 - NONTXIC SINGLE THYROID NODULE
Z86.69 - Personal history of other diseases of the nervous system and sense organs

PLAN:

sumatriptan 50 mg tablet
Refills: 5 Qty: 12 TABLET(S)
Instructions: TAKE 1 TABLET (50 MG) BY ORAL ROUTE AFTER ONSET OF MIGRAINE; MAY REPEAT AFTER 2 HOURS IF HEADACHE RETURNS, NOT TO EXCEED 200MG IN 24HRS

cefdinir 300 mg capsule
Refills: 0 Qty: 20 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS

Nortrel 1/35 (28) 1 mg-35 mcg tablet
Refills: 3 Qty: 84 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE ONCE DAILY

Referral: Burney, Dr. Basil (Endocrinology)
No Special Instructions

Electronically signed by Lindsey Barton, CRNP on 05/05/22 3:13 PM



J. Barton, CRNP

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