

**Medical Records - CONFIDENTIAL****FROM:** AL - Jackson Hospital

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TO: MARANDA FAIN CRNP

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Name: ROSS, AUDREY R**DOB:** 08/25/1993**Date Range:** 01/01/2022 to 07/21/2022**This document contains the following records of the patient:**

- Encounters and Procedures
- Lab Results

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[ID:431406-A-9186]

Reviewed!
M. Fain, CRNP
7/21/2022
1011am

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ROSS, Audrey R (id #431406, dob: 08/25/1993)

Encounters and Procedures

Clinical Encounter Summaries

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ROSS, Audrey R (id #431406, dob: 08/25/1993)**Encounter Date: 07/06/2022**

Patient

Name	ROSS, AUDREY (28yo, F) ID# 431406	Appt. Date/Time	07/06/2022 02:30PM
DOB	08/25/1993	Service Dept.	JEC_Jackson Endocrinology
Provider	BASIL BURNEY, MD		
Insurance	Med Primary: BCBS-AL Insurance # : QAU801192347 Prescription: CVS CAREMARK - Member is ineligible. Patient found on payor's files, but not covered on date of inquiry. details Prescription: PRIME BCBS ALABAMA - Member is eligible. details		

Chief Complaint

MNG

Patient's Pharmacies**WALGREENS DRUGSTORE #19239 (ERX): 10 WEST FAIRVIEW AVENUE, MONTGOMERY, AL 36105, Ph (334) 265-3336, Fax (334) 265-9796****Vitals**

07/06/2022 02:33 pm

Ht: 5 ft 4 in**Wt:** 139 lbs**BP:** 103/67 sitting L arm**BMI:** 23.9**Pulse:** 64 bpm regular**Allergies**

Reviewed Allergies

NKDA

Medications

Reviewed Medications

levothyroxine 50 mcg tablet TAKE 1 TABLET BY MOUTH EVERY DAY IN THE MORNING ON AN EMPTY STOMACH	06/11/22 filled
Nortrel 1/35 (28) 1 mg-35 mcg tablet TAKE 1 TABLET BY MOUTH EVERY DAY	05/05/22 filled
sertraline 50 mg tablet TAKE 1 TABLET BY MOUTH DAILY	06/28/22 filled
SUMAtriptan 50 mg tablet TAKE 1 TABLET BY MOUTH AT LEAST 2 HOURS BETWEEN DOSES AS NEEDED ONCE A DAY	06/28/22 filled

Problems

Reviewed Problems

Family History

Reviewed Family History

ROSS, Audrey R (id #431406, dob: 08/25/1993)

Mother	- Mental disorder
	- Depressive disorder
Maternal Grandmother	- Malignant tumor of breast
	- Diabetes mellitus
Brother	- Depressive disorder

Social History

Reviewed Social History

Substance Use

Do you or have you ever smoked tobacco?: Never smoker

What is your level of alcohol consumption?: Occasional

Gender Identity and LGBTQ Identity

First name used: Audrey

Surgical History

Reviewed Surgical History

GYN History

(not configured)

Obstetric History

Reviewed Obstetric History

Past Medical History

Reviewed Past Medical History

Anemia: **Y**

Migraines: **Y**

Thyroid Problems: **Y**

Screening

None recorded.

HPI

Patient is a 28-year-old female seen today in consultation for evaluation management of multinodular goiter and hypothyroidism.

Back in 2018 when patient was in New York City she was found to have multiple thyroid nodules. Ultrasound of the thyroid gland from that time revealed 3 nodules, the largest nodule in the right lower lobe measured 1.8 x 1 x 1.3 cm in size and the largest nodule in the left lobe measured 2.4 x 1 x 1.2 cm in size in the left lower pole. These nodules were biopsied back in November of 2018 and the result was consistent with atypia of undetermined significance on both sites. Molecular marker testing was not done at that time. Patient was told by her previous endocrinologist that they are likely benign and was recommended that it should be followed closely with serial US. Since then she has not had any ultrasound done. She moved to Alabama approximately 2 years back.

Patient also has history of hypothyroidism related to Hashimoto's thyroiditis. Currently on levothyroxine 50 mcg daily which she has been taking it regularly. No recent TFTs available. She is clinically euthyroid.

ROS

Additionally reports: Constitutional: No weight gain or weight loss. No fatigue

Cardiovascular: No chest pain or palpitations

Respiratory: No shortness of breath or cough

Physical Exam

Neck: Left lobe 2 cm thyroid nodule palpable

CV: Regular rate and rhythm, no murmur

Resp: Clear to auscultation no wheezes or crackles

Neuro: Alert and oriented x3. Reflexes normal

Extremities: No edema. Peripheral pulses palpable. No foot ulcers. Skin intact

Assessment / Plan

Multinodular goiter: Patient's both 1.8 cm right lobe thyroid nodule and 2.4 cm left lobe thyroid nodule was biopsied and was consistent with atypia of undetermined significance. Molecular marker testing was not done at that time. I will repeat ultrasound of the thyroid and will follow-up on these nodules. Patient will likely require repeat biopsy of both these thyroid nodules.

Hypothyroidism: On levothyroxine 50 mcg daily. Will check TFTs today.

I will contact patient with the results of the test. Future follow-up and management plans will be discussed at that

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point

1. Multinodular goiter

E04.2: Nontoxic multinodular goiter

- US, HEAD + NECK

Appointment Time: 3:00pm

Date of imaging: 07/26/2022

2. Hypothyroidism

E03.9: Hypothyroidism, unspecified

- TSH+FREE T4-224576-P

Return to Office

Patient will return to the office as needed.

Encounter Sign-Off

Encounter signed-off by Basil Burney, MD, 07/06/2022.

Encounter performed and documented by Basil Burney, MD

Encounter reviewed & signed by Basil Burney, MD on 07/06/2022 at 3:09pm

Lab Results**TSH+FREE T4-224576-P 07/07/2022 (#18107965, Final, 07/06/2022 3:42pm)**

Note to Patient	your thyroid labs are normal. Continue thyroid medicine at current dose.				
Ordering Provider	BASIL BURNEY, MD	Performing Lab	LABCORP BIRMINGHAM (01) LABCORP BIRMINGHAM BRIAN RAGLAND 1801 FIRST AVENUE SOUTH BIRMINGHAM, AL 352331935 Account ID: 01381625		
Specimen/Accession ID	18705190040	Specimen Source			
Specimen Coll. Date	07/06/2022 15:42	Result Status	Final		
Specimen Rec. Date	07/06/2022 00:00	Report Status			
Specimen Reported Date	07/07/2022 06:09				
Report	Result	Ref. Range	Units	Status	Lab
TSH	3.530	0.450-4.500	uIU/mL	Final	01
T4, FREE(DIRECT)	0.87	0.82-1.77	ng/dL	Final	01
RESULT NOTE	FASTING NO				