

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/19/22

PATIENT: SPRIGGS, DOMINIQUE **DOB:** 11/19/1991 **Gender:** FEMALE **MRN:** 498 **AGE:** 30 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sore throat, right facial pressure, and nasal congestion since last night.

HISTORY OF PRESENT ILLNESS: Denies fever, cough, or sinus drainage.

VITALS: BP: 150/85 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 109; **Temp:** 98.7; **Resp:** 16; **Ht:** 60 in.; **Wt:** 200 lbs.;
BMI: 39.06; **Pulse Oximetry:** 100%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Xyzal 5 mg tablet (daily)
amlodipine 10 mg tablet (daily)

PAST MEDICAL HISTORY: HTN, seasonal allergies, eczema, UTIs.

PAST SURGICAL HISTORY: Tonsil and adenoids

SOCIAL HISTORY: Works at AUM in registrar's office. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY: Father- HTN, Mother- HTN, thyroid problems.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythematous on right side without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab

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THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Solumedrol 125mg/2ml (1 unit(s)): Injection
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

Solumedrol 125mg/2ml:
Site Given: Left Ventragluteal
Dosage Given: 125 milliliter(s)
Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

J04.0 - ACUTE LARYNGITIS (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R09.81 - NASAL CONGESTION

PLAN:

Continue otc antihistamine. Given steroid shot in office. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 05/19/22 3:44 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.