

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/08/22

PATIENT: SPRIGGS, DOMINIQUE **DOB:** 11/19/1991 **Gender:** FEMALE **MRN:** 498 **AGE:** 30 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: N/V/D

HISTORY OF PRESENT ILLNESS: Pt is a 30 YOF who comes in with c/o N/V/D that appeared last Thursday. It came back on Monday. She admitted to fatigue and chills. She denies known fever. She had diarrhea twice today.

VITALS: BP: 145/83 **Pulse:** 91; **Temp:** 98.2; **Resp:** 16; **Ht:** 60 in.; **Wt:** 199.1 lbs.; **BMI:** 38.88; **Pulse Oximetry:** 99%;
FDLMP: 05/25/22

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Xyzal 5 mg tablet (daily)
amlodipine 10 mg tablet (daily)

PAST MEDICAL HISTORY: HTN, seasonal allergies, eczema, UTIs.

PAST SURGICAL HISTORY: Tonsil and adenoids

SOCIAL HISTORY: Works at AUM in registrar's office. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY: Father- HTN, Mother- HTN, thyroid problems.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

INFLUENZA:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

R11.2 - NAUSEA WITH VOMITING, UNSPECIFIED (PRIMARY)
R19.7 - DIARRHEA, UNSPECIFIED
A08.4 - Viral intestinal infection, unspecified

PLAN:

RX to pharmacy for nausea. Imodium OTC for diarrhea. Call if not better by Friday, will need stool sample if diarrhea continues. No recent antibiotics. COVID and flu negative. Denies s/s of GERD. BRAT diet with increased fluids over the next 3 days.

ondansetron 8 mg disintegrating tablet

Refills: 0 Qty: 12 TABLET(S)

Instructions: PLACE 1 TABLET (8 MG) ON TOP OF THE TONGUE WHERE IT WILL DISSOLVE, THEN SWALLOW
BY TRANSLINGUAL ROUTE 2 TIMES PER DAY

Electronically signed by Maranda Fain, CRNP on 06/08/22 9:30 AM

M. Fain, CRNP