

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/02/21

PATIENT: NELSON, HANNAH **DOB:** 01/16/2003 **Gender:** FEMALE **MRN:** 4993 **AGE:** 18 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: COVID symptoms and exposure

HISTORY OF PRESENT ILLNESS: Patient reports to clinic with complaints of a sore throat, cough, nausea, headache, and shortness of breath on exertion that have been present since yesterday. Patient is not vaccinated for COVID and has known exposure to her mom who recently tested + for COVID.

VITALS: BP: 132/80 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 92; **Temp:** 98.1; **Resp:** 16; **Ht:** 66 in.; **Wt:** 180 lbs.;
BMI: 29.05; **Pulse Oximetry:** 98%; **FDLMP:** 08/28/21

GROWTH PERCENTILES:

Weight/Age: 95

Height/Age: 75

Weight/Height: N/A

BMI/Age: 91

Head Circumference/Age: N/A

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Tri-Sprintec (28) 0.18 mg(7)/0.215 mg(7)/0.25 mg(7)-35 mcg tablet

PAST MEDICAL HISTORY: Asthma; Seasonal allergies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Lives with parents.

FAMILY HISTORY: Father- HLD, depression.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

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NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

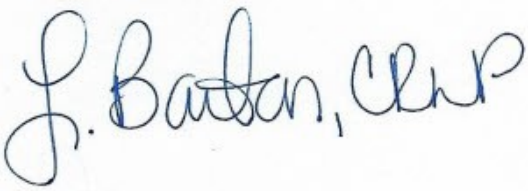
ASSESSMENT:

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS (PRIMARY)
R05 - COUGH
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R11.0 - NAUSEA

PLAN:

Follow up with PCR results for COVID. Will need to quarantine for 7 days due to exposure. Recommended otc zyrtec and MVI daily. Tylenol as needed for fever. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 09/03/21 3:50 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.