

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/23/26

PATIENT: PHILLIPS, LEANNA MICHELE **DOB:** 03/28/1969 **Gender:** FEMALE **MRN:** 4995 **AGE:** 56 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: right ear fullness, congestion ongoing for up to a month

HISTORY OF PRESENT ILLNESS: 56 YO F c/o congestion, right ear pain, nasal drainage for up to a month, has been treating with OTC meds but pain in right ear is not improving.

VITALS: BP: 123/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 115; **Temp:** 98.2; **Resp:** 18; **Ht:** 63 in.; **Wt:** 191 lbs.;
BMI: 33.83

ALLERGIES: Penicillins ((Rash) or (C/O a rash))

MEDICATIONS:

Wegovy 0.5 mg/0.5 mL subcutaneous pen injector (weekly)
albuterol sulfate HFA 90 mcg/actuation aerosol inhaler (INHALE 2 PUFFS (180 MCG) BY INHALATION ROUTE EVERY 4-6 HOURS AS NEEDED (FOR SOB/WHEEZING))
anastrozole 1 mg tablet
montelukast 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING)
multivitamin tablet
spironolactone 50 mg tablet (TAKE 1 TABLET BY MOUTH ONCE DAILY)
trazodone 100 mg tablet (TAKE 1 TABLET BY MOUTH ONCE DAILY)

PAST MEDICAL HISTORY: Left breast cancer diagnosed in 2020 s/p bilateral mastectomy and radiation in Jan. 2021. Breast cancer involved 1 lymph node and it plus a few others were also removed. Implants placed in May 2023. She is followed by Dr. Strickland and the Cancer Center (Dr. Davidson). GERD, insomnia, allergies.

PAST SURGICAL HISTORY: Bilateral mastectomy Jan. 2021 w/ implants placed in May 2023. Total hysterectomy (2012), cholecystectomy (2003). Vein stripping right leg. Left ear tympanostomy.

SOCIAL HISTORY: Faculty in AUM SON. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes cloudy with fluid behind right TM Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

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MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection

RESULTS:

Dexamethasone 4mg/ml:
Site Given: Left Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Bicknell, Miranda - RN

ASSESSMENT:

H65.01 - ACUTE SEROUS OTITIS MEDIA, RIGHT EAR (PRIMARY)

PLAN:

cefdinir 300 mg capsule
Refills: 0 Qty: 14 CAPSULE(S)
Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 12 HOURS

azelastine 137 mcg (0.1 %) nasal spray
Refills: 0 Qty: 1 UNIT(S)
Instructions: SPRAY 2 SPRAYS (274 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE 2 TIMES PER DAY

Electronically signed by Breena Till, CRNP on 02/23/26 11:42 AM

