

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/13/25

PATIENT: PHILLIPS, LEANNA MICHELE **DOB:** 03/28/1969 **Gender:** FEMALE **MRN:** 4995 **AGE:** 55 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: URI for the last 2 weeks

HISTORY OF PRESENT ILLNESS: Patient is here for cough, congestion, sinus pain, and fatigue for the last 2 weeks. She states that she gets sinus infections seasonally. She has been taking Dextromethorphan-guaifenesin cough syrup.

VITALS: BP: 128/86 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 92; **Temp:** 98.7; **Resp:** 17; **Ht:** 63 in.; **Wt:** 250.8 lbs.;
BMI: 44.42; **Pulse Oximetry:** 98%

ALLERGIES: Penicillins ((Rash) or (C/O a rash))

MEDICATIONS:

albuterol sulfate HFA 90 mcg/actuation aerosol inhaler (INHALE 2 PUFFS (180 MCG) BY INHALATION ROUTE EVERY 4-6 HOURS AS NEEDED (FOR SOB/WHEEZING))
escitalopram 20 mg tablet (TAKE 1 TABLET BY MOUTH ONCE DAILY)
exemestane 25 mg tablet
famotidine 40 mg tablet (TAKE ONE TABLET BY MOUTH ONCE DAILY)
montelukast 10 mg tablet (TAKE 1 TABLET (10 MG) BY ORAL ROUTE ONCE DAILY IN THE EVENING)
spironolactone 50 mg tablet (TAKE 1 TABLET BY MOUTH ONCE DAILY)
trazodone 100 mg tablet (TAKE 1 TABLET BY MOUTH ONCE DAILY)

PAST MEDICAL HISTORY: Left breast cancer diagnosed in 2020 s/p bilateral mastectomy and radiation in Jan. 2021. Breast cancer involved 1 lymph node and it plus a few others were also removed. Implants placed in May 2023. She is followed by Dr. Strickland and the Cancer Center (Dr. Davidson). GERD, insomnia, allergies.

PAST SURGICAL HISTORY: Bilateral mastectomy Jan. 2021 w/ implants placed in May 2023. Total hysterectomy (2012), cholecystectomy (2003). Vein stripping right leg. Left ear tympanostomy.

SOCIAL HISTORY: Faculty in AUM SON. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- right tympanic membranes has serous fluid. Left TM has scarring and slight erythema. Ear canals are patent. Nose- septum- midline; Maxillary and frontal sinus tenderness. Throat- red without exudates. No anterior or posterior cervical nodes palpated;

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities;

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/13/25

PATIENT: PHILLIPS, LEANNA MICHELE **DOB:** 03/28/1969 **Gender:** FEMALE **MRN:** 4995 **AGE:** 55 Years

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

STREP A:
Value: Negative

Dexamethasone 4mg/ml:
Site Given: Left Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Guthrie, Hayley - CRNP

Depo-Medrol 40mg/ml:
Site Given: Left Ventral Gluteal
Dosage Given: 40 milligram(s)
Administered By: Guthrie, Hayley - CRNP

ASSESSMENT:

J01.01 - ACUTE RECURRENT MAXILLARY SINUSITIS (PRIMARY)
H65.00 - ACUTE SEROUS OTITIS MEDIA, UNSPECIFIED EAR
J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

PLAN:

Patient is here with a sinus infection. Because of the length of time, steroid injection and prescription for antibiotic given. Instructed to use flonase every day. Instructed to follow up if not improved in 1-2 weeks.

Zithromax Z-Pak 250 mg tablet
Refills: 0 Qty: 1 PACKET(S)
Instructions: TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1 TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS

Electronically signed by Hayley Guthrie, CRNP on 03/13/25 3:01 PM