

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/17/23

PATIENT: PHILLIPS, LEANNA MICHELE **DOB:** 03/28/1969 **Gender:** FEMALE **MRN:** 4995 **AGE:** 54 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Cough, nasal congestion

HISTORY OF PRESENT ILLNESS: Ms. Phillips presents to the clinic with complaints of cough with chest congestion and nasal congestion x 3 weeks. She has tried Robitussin and cold/cough/flu OTC meds with no relief. She denies fever, chills, body aches.

VITALS: BP: 133/80 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 87; **Temp:** 97.8; **Resp:** 16; **Ht:** 63 in.; **Wt:** 250.5 lbs.;
BMI: 44.37; **Pulse Oximetry:** 98%

ALLERGIES: Penicillins ((Rash) or (C/O a rash))

MEDICATIONS:

Deconex DMX 10 mg-17.5 mg-400 mg tablet (Take 1 tablet every 4 hours, not to exceed 6 tablets in 24 hours)
Medrol (Pak) 4 mg tablets in a dose pack (TAKE BY ORAL ROUTE AS DIRECTED PER PACKAGE INSTRUCTIONS)
Zithromax Z-Pak 250 mg tablet (TAKE 2 TABLETS (500 MG) BY ORAL ROUTE ONCE DAILY FOR 1 DAY THEN 1
TABLET (250 MG) BY ORAL ROUTE ONCE DAILY FOR 4 DAYS)
albuterol sulfate HFA 90 mcg/actuation aerosol inhaler (INHALE 2 PUFFS (180 MCG) BY INHALATION ROUTE EVERY
4-6 HOURS AS NEEDED (FOR SOB/WHEEZING))
escitalopram 20 mg tablet (TAKE 1 TABLET BY MOUTH ONCE DAILY)
exemestane 25 mg tablet
famotidine 40 mg tablet (TAKE ONE TABLET BY MOUTH ONCE DAILY)
montelukast 10 mg tablet
spironolactone 50 mg tablet (TAKE 1 TABLET BY MOUTH ONCE DAILY)
trazodone 100 mg tablet (TAKE 1 TABLET BY MOUTH ONCE DAILY)

PAST MEDICAL HISTORY: Left breast cancer diagnosed in 2020 s/p bilateral mastectomy and radiation in Jan. 2021. Breast cancer involved 1 lymph node and it plus a few others were also removed. Implants placed in May 2023. She is followed by Dr. Strickland and the Cancer Center. GERD, insomnia, allergies.

PAST SURGICAL HISTORY: Bilateral mastectomy Jan. 2021 w/ implants placed in May 2023. Total hysterectomy (2012), cholecystectomy (2003). Vein stripping right leg. Left ear tympanostomy.

SOCIAL HISTORY: Faculty in AUM SON. Drinks alcohol socially. Denies smoking or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear, fluid noted to ears bilaterally. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

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CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Generalized wheezing noted to left and right lobes.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Chest XRAY (1 unit(s)): Outside Diagnostic
Dexamethasone 4mg/ml (1 unit(s)): Injection

RESULTS:

Dexamethasone 4mg/ml:
Site Given: Right Ventral Gluteal
Dosage Given: 8 milligram(s)
Administered By: Blackwell, Robin - CRNP

ASSESSMENT:

R05.9 - COUGH, UNSPECIFIED (PRIMARY)
R06.2 - WHEEZING
R09.81 - NASAL CONGESTION
H65.193 - OTHER ACUTE NONSUPPURATIVE OTITIS MEDIA BI

PLAN:

Pending CXR.
Sent in Deconex DMX, Medrol Dose pak, Z-pak and inhaler to her pharmacy. Patient was handed samples of Deconex DMX.

Electronically signed by Robin Blackwell, CRNP on 08/17/23 11:07 AM

Robin Blackwell CNP