

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/29/24

PATIENT: WHITE, KARAN **DOB:** 05/02/1966 **Gender:** FEMALE **MRN:** 5004 **AGE:** 57 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: productive cough and nasal congestion

HISTORY OF PRESENT ILLNESS: 57 year old patient presents to clinic due to a productive cough and nasal congestion. She reports she was seen by a telehealth MD on Wednesday of this week and prescribed Amoxicillin for a sinus infection and although she is feeling better, she wants to make sure she doesn't have COVID or Flu and she is still having alot of mucus.

VITALS: BP: 112/75 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 87; **Temp:** 97.3; **Resp:** 16; **Ht:** 66.5 in.; **Wt:** 186.7 lbs.; **BMI:** 29.68

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

amoxicillin 875 mg tablet

PAST MEDICAL HISTORY: Anemia, Bronchitis

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies tobacco or illicit drug abuse. Reports social alcohol intake. Lives off campus, Employee for education department.

FAMILY HISTORY: Limited information due to she was adopted. Reports her birth father had heart problems and ?heart attack

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

INFLUENZA (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

INFLUENZA:

Value: Negative

COVID Rapid Testing:

Value: Negative

Dexamethasone 4mg/ml:

Site Given: Right Ventral Gluteal

Dosage Given: 4 milligram(s)

Administered By: Bicknell, Miranda - RN

Depo-Medrol 40mg/ml:

Site Given: Right Ventral Gluteal

Dosage Given: 40 milligram(s)

Administered By: Bicknell, Miranda - RN

ASSESSMENT:

J01.90 - ACUTE SINUSITIS, UNSPECIFIED (PRIMARY)

R05.9 - COUGH, UNSPECIFIED

R09.81 - NASAL CONGESTION

PLAN:

Given steroid shot in office. Continue amoxil as prescribed. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 03/29/24 9:55 AM

L Barton, CRNP