

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/09/21

PATIENT: WHITE, KARAN **DOB:** 05/02/1966 **Gender:** FEMALE **MRN:** 5004 **AGE:** 55 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Chest Pain

HISTORY OF PRESENT ILLNESS: Pt is a 55 YOF with a history of COVID 19, bronchitis, anemia. She is vaccinated against COVID. She comes in today with c/o Chest pain. She feels an electrical shock over her left breast, sometimes it is a sharp pain. It sometimes radiates mid-ventrally, anterior. She feels it at random with no aggravating or relieving factors. She feels it only lasts a few minutes. She denies SOB, palpitations, orthopnea, PND, syncope. She has dependent LE edema with varicose veins. She has hx of palpitations she was told was r/t to menopause.

VITALS: BP: 148/89 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 84; **Temp:** 97.1; **Resp:** 16; **Ht:** 66.5 in.; **Wt:** 196.2 lbs.; **BMI:** 31.19; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

phentermine 30 mg capsule (1/2 tab daily PO)

PAST MEDICAL HISTORY: Anemia, Bronchitis

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies tobacco or illicit drug abuse. Reports social alcohol intake. Lives off campus, Employee for education department.

FAMILY HISTORY: Limited information due to she was adopted. Reports her birth father had heart problems and ?heart attack

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ Radial, DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

EKG (1 unit(s)): Office Procedure

ASSESSMENT:

R07.9 - CHEST PAIN, UNSPECIFIED (PRIMARY)

R60.9 - EDEMA, UNSPECIFIED

PLAN:

Pt comes in with atypical CP. EKG showed NSR. Normal HR. Hx of palpitations. Also reports dependent edema with varicose veins. Pulses normal. Family history of heart problems on her father's side. Will refer to Cardiology. Additional Risk Factors include: obesity, elevated BP. Pt agrees to see Dr. Khaire for further workup.

Referral: Khaire, Sushant (Cardiology)

Instructions: Chest Pain s/p second COVID vaccine, family history of heart problems

Electronically signed by Maranda Fain, CRNP on 11/09/21 3:42 PM

Handwritten signature of M. Fain, CRNP in cursive script.