

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/07/23

PATIENT: PHILLIPS, RICHARD **DOB:** 03/19/1997 **Gender:** MALE **MRN:** 5012 **AGE:** 25 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: sore throat, nasal congestion, chest congestion, fatigue, and upset stomach since this morning. Denies fever.

VITALS: BP: 123/79 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 81; **Temp:** 97.6; **Resp:** 16; **Ht:** 71 in.; **Wt:** 232.4 lbs.;
BMI: 32.41; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: denies

PAST SURGICAL HISTORY: surgical procedure in 2019 but he prefers to not disclose what procedure it was.

SOCIAL HISTORY: Works on campus. Denies alcohol, tobacco, and illicit drug use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
Abbott COVID Rapid Test (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

STREP A:

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Value: Negative

INFLUENZA:

Value: Negative

Abbott COVID Rapid Test:

Value: Negative

ASSESSMENT:

J30.2 - Other seasonal allergic rhinitis (PRIMARY)

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

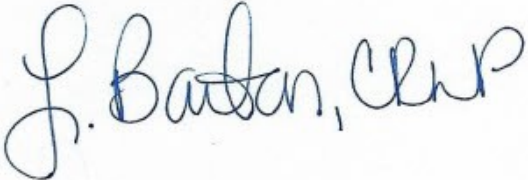
R09.81 - NASAL CONGESTION

R53.83 - OTHER FATIGUE

PLAN:

Recommended otc antihistamines like zyrtec or claritin plus flonase. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 03/08/23 8:27 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.