

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/13/23

PATIENT: PHILLIPS, RICHARD **DOB:** 03/19/1997 **Gender:** MALE **MRN:** 5012 **AGE:** 25 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Upper Respiratory symptoms

HISTORY OF PRESENT ILLNESS: Mr. Phillips presents to the clinic with complaints of sore throat, nasal congestion with pressure, fatigue, cough, headaches and body aches x 1 week. He was seen in clinic on 3/7 and was told to start Zyrtec and Flonase. He states his symptoms are worsening. He has tried OTC cough/cold multi med and a nasal spray with some benefit.

VITALS: BP: 132/87 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 81; **Temp:** 97.1; **Resp:** 16; **Ht:** 71 in.; **Wt:** 232 lbs.;
BMI: 32.35; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: denies

PAST SURGICAL HISTORY: surgical procedure in 2019 but he prefers to not disclose what procedure it was.

SOCIAL HISTORY: Works on campus. Denies alcohol, tobacco, and illicit drug use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; Maxillary tenderness noted no frontal sinus tenderness. Throat- erythematous without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Dexamethasone 4mg/ml (2 unit(s)): Injection
STREP A (1 unit(s)): In-House Lab
Abbott COVID Rapid Test (1 unit(s)): In-House Lab

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INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

STREP A:

Value: Negative

INFLUENZA:

Value: Negative

Abbott COVID Rapid Test:

Value: Negative

ASSESSMENT:

J01.00 - ACUTE MAXILLARY SINUSITIS, UNSPECIFIED (PRIMARY)

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

R53.83 - OTHER FATIGUE

R09.81 - NASAL CONGESTION

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS

R51.9 - HEADACHE, UNSPECIFIED

R05.9 - Cough, unspecified

PLAN:

Take RX as directed. Patient declined Bromfed. He will continue taking OTC multi cold meds. Follow up as needed.

amoxicillin 875 mg-potassium clavulanate 125 mg tablet

Refills: 0 Qty: 14 TABLET(S)

Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS FOR 7 DAYS

Electronically signed by Robin Blackwell, CRNP on 03/13/23 8:55 AM

Robin Blackwell CNP