

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 05/29/24

PATIENT: PHILLIPS, RICHARD **DOB:** 03/19/1997 **Gender:** MALE **MRN:** 5012 **AGE:** 27 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sinus symptoms

HISTORY OF PRESENT ILLNESS: Mr. Phillips is a 27 yo male here today for sinus symptoms for the past 3-4 weeks. He reports left sided sinus pressure over his cheek, left ear pain, and sinus congestion. Denies runny nose, cough, sore throat, or fever. He has been taking otc ibuprofen and tylenol with little relief.

VITALS: BP: 146/83 **Pulse:** 78; **Temp:** 98.4; **Resp:** 16; **Ht:** 71 in.; **Wt:** 224.3 lbs.; **BMI:** 31.28; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

dutasteride 0.5 mg capsule (TAKE ONE CAPSULE BY MOUTH ONE TIME DAILY)

ibuprofen 800 mg tablet (TAKE ONE TABLET BY MOUTH EVERY 8 HOURS AS NEEDED FOR MILD PAIN FOR UP TO 10 DAYS)

minoxidil 2.5 mg tablet (TAKE ONE TABLET BY MOUTH ONE TIME DAILY)

testosterone cypionate 200 mg/mL intramuscular oil (INJECT 1ML INTRAMUSCULARLY EVERY 2 WEEKS)

PAST MEDICAL HISTORY: denies

PAST SURGICAL HISTORY: surgical procedure in 2019 but he prefers to not disclose what procedure it was.

SOCIAL HISTORY: Works on campus. Denies alcohol, tobacco, and illicit drug use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; + left maxillary but no frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

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THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection
Rocephin 1G (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

Rocephin 1G:
Site Given: Right Ventragluteal
Dosage Given: 1 gram(s)
Administered By: Barton, Lindsey - CRNP

Dexamethasone 4mg/ml:
Site Given: Left Ventragluteal
Dosage Given: 4 milligram(s)
Administered By: Barton, Lindsey - CRNP

Depo-Medrol 40mg/ml:
Site Given: Left Ventragluteal
Dosage Given: 40 milligram(s)
Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

J01.00 - Acute maxillary sinusitis, unspecified (PRIMARY).

PLAN:

Rx as per below. Follow up as needed.

Bactrim DS 800 mg-160 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 05/29/24 2:47 PM

L. Barton, DNP, CRNP