

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/14/21

PATIENT: RELIER, ANNICK-LAURA **DOB:** 11/03/1984 **Gender:** FEMALE **MRN:** 5019 **AGE:** 36 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: COVID test

HISTORY OF PRESENT ILLNESS: Mrs. Relier is a 36 yo female here today for a COVID test. She states she recently had thyroid cancer s/p thyroidectomy in her country. She is now on levothyroxine. She has not had her levels checked in a few months since moving to the U.S.

She has multiple complaints today. She c/o chest pain, elevated BP, nausea, body aches, sore throat, leg pain, epigastric abdominal pain, ? fever, and leg pain yesterday. Denies loss of taste/smell. Her last BM was yesterday and she reports it was diarrhea. She has been taking otc advil for her symptoms. She reports having COVID back in November. She really just wants a COVID test today.

VITALS: BP: 135/96 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 79; **Temp:** 98.8; **Resp:** 16; **Ht:** 68 in.; **Wt:** 195 lbs.;
BMI: 29.64; **Pulse Oximetry:** 97%; **FDLMP:** 09/01/21

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

levothyroxine 100 mcg tablet (1 tablet daily (dose unknown))

PAST MEDICAL HISTORY: thyroid cancer s/p removal, hypothyroidism.

PAST SURGICAL HISTORY: thyroid removal.

SOCIAL HISTORY: Denies smoking, drinking, or illicit drug use.

FAMILY HISTORY:

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

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INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: + anxious mood and affect.

ORDERS:

TSH (QUEST) (1 unit(s)): Quest Diagnostics
STREP A (1 unit(s)): In-House Lab
UA (1 unit(s)): In-House Lab
COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics
T4 FREE (QUEST) (1 unit(s)): Quest Diagnostics
T3 FREE (QUEST) (1 unit(s)): Quest Diagnostics
EKG (1 unit(s)): Office Procedure
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

UA:
 Appearance: clear
 Color: yellow
 Glucose: Negative
 Bill: Negative
 Ketones: Negative
 Sp: 1.010
 Blood: Negative
 pH: 7
 Protein: Negative
 Urobilinogen: Negative
 Nitrites: Negative
 Leukocytes: Positive
 Comments: Leu: 75;

STREP A:
 Value: Negative

Abbott Binax Now Rapid COVID :
 Value: Negative

ASSESSMENT:

R07.9 - CHEST PAIN, UNSPECIFIED (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R05 - COUGH
R35.0 - FREQUENCY OF MICTURITION
R42 - DIZZINESS AND GIDDINESS
E03.9 - HYPOTHYROIDISM, UNSPECIFIED

PLAN:

EKG- NSR at 75 BPM w/ no ischemic changes. Check labs. Send referral to endocrinology for follow up.

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Referral: Burney, Dr. Basil (Endocrinology)

Instructions: Hlstory of thyroid cancer s/p thyroidectomy.

Electronically signed by Lindsey Barton, CRNP on 09/16/21 2:22 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.