

Jackson Clinic - 1901 Pine Street, MONTGOMERY AL 36106-1154

RELLIER, ANNICK-LAURA (id #413790, dob: 11/03/1984)**Patient**

Name RELIER, ANNICK-LAURA (36yo, F) **Appt. Date/Time** 10/22/2021 10:15AM
ID# 413790
DOB 11/03/1984 **Service Dept.** JEC_Jackson Endocrinology
Provider BASIL BURNEY, MD
Insurance Med Primary: UNITED HEALTHCARE
Insurance #: 8655512
Prescription: OPTUMRX COMMERCIAL - Member is eligible.

Chief Complaint

THYROID CANCER, TYPE 2 DIABETES

Patient's Pharmacies**CARTER DRUG (ERX): 133 BROAD ST., SELMA, AL 36701, Ph (334) 875-7223, Fax (334) 875-4679****Vitals**

10/22/2021 10:40 am

Ht: 5 ft 8 in**Wt:** 204 lbs**BP:** 116/79 sitting R arm**BMI:** 31**Pulse:** 77 bpm regular**T:** 98.1 F° temporal artery**Allergies**

Reviewed Allergies

NKDA

Medications

Reviewed Medications

Calcium 500

10/22/21 entered

levothyroxine 150 mcg tablet

09/17/21 filled

Vitamin D

10/22/21 entered

Problems

Reviewed Problems

Family History

Reviewed Family History

Maternal Grandfather

Maternal Grandmother

Unspecified Relation

Father

Sister

Social History

Reviewed Social History

Substance Use

Do you or have you ever smoked tobacco?: Never smoker

What is your level of alcohol consumption?: None

Gender Identity and LGBTQ Identity**Surgical History**

Reviewed Surgical History

Thyroidectomy

Laparoscopic sleeve gastrectomy

Appendectomy

- Alzheimer's disease
- Diabetes mellitus
- Malignant tumor of breast
- Malignant tumor of thyroid gland
- Cerebrovascular accident
- Hypertensive disorder
- Hypercholesterolemia
- Obesity

10/27/21
Reviewed
J. Banton
ALP

Location: Clinic • 1801 Pine Street, MONTGOMERY AL 36106-1154

RELLIER, ANNICK-LAURA (id #413790, dob: 11/03/1984)**GYN History**

(not configured)

Obstetric History

Reviewed Obstetric History

Past Medical History

Reviewed Past Medical History

Cancer: Y - thyroid

Diabetes: Y

Documents for Discussion**Discussed the following documents:**

- HEMOGLOBIN A1C, FINGERSTICK - 10/22/21
Result:
- HbA1c: .6.5
- GLUCOSE, FINGERSTICK, BLOOD - 10/22/21
Result:
- Blood Glucose: mg/dl: 109

Screening

None recorded.

HPI

Patient is 36-year-old female seen today for evaluation and management of papillary thyroid cancer, hypothyroidism and type 2 diabetes.

Patient recently moved from Quebec, Canada. She brought all her old records which were in French. Patient helped translating some of those records.

Patient underwent total thyroidectomy back in August of 2020. Pathology report was in French and it seems like that patient had multi focal bilateral papillary thyroid cancer with the largest lesion measuring 1.4 cm in size. 8/16 lymph nodes were positive for metastatic papillary thyroid cancer. As this was a intermediate risk lesion patient received 100 mCi of radioactive iodine treatment in April of 2021. Post treatment scan revealed some uptake around the thyroid bed otherwise no evidence of metastatic disease. Patient's most recent thyroglobulin was from July of 2021 which revealed TG of less than 0.2. Patient has not had any recent ultrasound done. Currently she is taking Synthroid 88+ 75 mcg daily. No recent TFTs of thyroglobulin levels available to us. Patient is clinically doing okay.

Patient is also on calcium 500 mg daily and vitamin-D.

Patient also has history of type 2 diabetes. She underwent gastric sleeve surgery few years back and lost close to 140 lb. Currently she weighs 204 lb and she is concerned the slowly she is gaining the weight back. She is not checking her blood sugars regularly. Her A1c was 6.5. Currently on no pharmacotherapy. Did not tolerate metformin. Was on Invokana in the past which helped her a lot.

ROS

Additionally reports: Constitutional: No weight gain or weight loss. No fatigue

Cardiovascular: No chest pain or palpitations

Respiratory: No shortness of breath or cough

Physical Exam

Patient is a 36-year-old female.

Neck: Thyroid gland not palpable. One level 3 lymph node on the right side palpable

CV: Regular rate and rhythm, no murmur

Resp: Clear to auscultation no wheezes or crackles

Neuro: Alert and oriented x3. Reflexes normal

Assessment / Plan

papillary thyroid cancer: Patient has multifocal bilateral papillary thyroid cancer with 8/14 lymph nodes positive for metastatic disease. As this pathology report was in French so we were not able to interpret the entire report. Patient will be getting her pathology report transplanted in English. Once we will review that and will give us a better idea about her initial lesion. So far it seems like this is at intermediate risk lesion and patient received radioactive iodine treatment. Most recent thyroglobulin was undetectable which is very reassuring. I will get a baseline thyroglobulin levels today and will also get ultrasound of the neck For further evaluation of her thyroid cancer.

Hypothyroidism: Goal TSH 0.1. Will check TFTs today. Permanently patient is on Synthroid 88 mcg +75 mcg daily.

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Type 2 diabetes: Suboptimal control. Spoke to patient in detail about her diet. Advised her to stay around 20 g of carbohydrates with each meal in 10-15 g of carbs with snack. Also advised her to exercise regularly. Will consider pharmacotherapy if her weight and A1c does not improve. Patient does not currently have insurance so she would prefer generic medications. She did very well in Invokana in the past that did explain to her that these medicines may be expensive in United States compared to what she was paying in Canada.

Hypocalcemia: On calcium 6 500 mg daily. Will check calcium and vitamin- D.

I will contact patient with the results of the test. Future follow-up and management plans will be discussed at that point.

Total time spent 60 minutes. This time was used in reviewing her records, obtaining history, discussing treatment plan, counseling, coordination of care as well as documentation.

1. Prediabetes

R73.03: Prediabetes

- GLUCOSE, FINGERSTICK, BLOOD
- HEMOGLOBIN A1C, FINGERSTICK

2. Papillary thyroid carcinoma

C73: Malignant neoplasm of thyroid gland

3. Type 2 diabetes mellitus

E11.9: Type 2 diabetes mellitus without complications

- LEARNING ABOUT TYPE 2 DIABETES
- TYPE 2 DIABETES: CARE INSTRUCTIONS

4. Hypothyroidism

E03.9: Hypothyroidism, unspecified

5. Hypocalcemia

E83.51: Hypocalcemia

- HYPOCALCEMIA: CARE INSTRUCTIONS

GLUCOSE, FINGERSTICK, BLOOD

• Result:

- Blood Glucose: mg/dl: 109

HEMOGLOBIN A1C, FINGERSTICK

• Result:

- HbA1c: .6.5

Return to Office

Patient will return to the office as needed.

Encounter Sign-Off

Encounter signed-off by Basil Burney, MD, 10/22/2021.

Encounter performed and documented by Basil Burney, MD

Encounter reviewed & signed by Basil Burney, MD on 10/22/2021 at 1:36pm