

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 11/05/21

PATIENT: FAIN, MARANDA **DOB:** 01/20/1989 **Gender:** FEMALE **MRN:** 5020 **AGE:** 32 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: sinus drainage/congestion

HISTORY OF PRESENT ILLNESS: c/o headache, sinus drainage/congestion, sneezing, cough for the past 9 days. Has been taking otc meds with no relief. Is fully COVID 19 vaccinated.

VITALS: BP: 103/71 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 71; **Temp:** 97.5; **Ht:** 68 in.; **Wt:** 145 lbs.; **BMI:** 22.04; **FDLMP:** 10/31/21

ALLERGIES: Augmentin ((Rash) or (C/O a rash))

MEDICATIONS:

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup (TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6 HOURS as needed for cough/congestion)

PAST MEDICAL HISTORY: PCOS

PAST SURGICAL HISTORY: C-section

SOCIAL HISTORY: Married. 2 children. Drinks socially. Denies smoking or illicit drug use.

FAMILY HISTORY: Father- COPD; Mother- healthy

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; + bilateral maxillary and frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab

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INFLUENZA (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (2 unit(s)): Injection
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Rocephin 1G (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

Rocephin 1G:
Site Given: Right Ventral Gluteal
Dosage Given: 1 gram(s)
Administered By: Barton, Lindsey - CRNP

Dexamethasone 4mg/ml:
Site Given: Left Ventral Gluteal
Dosage Given: 4 milligram(s)
Administered By: Barton, Lindsey - CRNP

Depo-Medrol 40mg/ml:
Site Given: Left Ventral Gluteal
Dosage Given: 40 milligram(s)
Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

J01.90 - Acute sinusitis, unspecified (PRIMARY).
R05.9 - Cough, unspecified.
Z20.822 - Contact with and (suspected) exposure to COVID-19.

PLAN:

Antibiotics as prescribed. Follow up as needed.

Bactrim DS 800 mg-160 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET BY ORAL ROUTE EVERY 12 HOURS

Electronically signed by Lindsey Barton, CRNP on 11/05/21 4:24 PM

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A handwritten signature in blue ink that reads "J. Barton, CNP". The signature is written in a cursive style with a large initial "J" and a stylized "B".