

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 09/16/21

PATIENT: ZHANG, RUONAN **DOB:** 01/30/1991 **Gender:** FEMALE **MRN:** 5029 **AGE:** 30 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: sore throat, cough, runny nose, and mild diarrhea since Tuesday.

HISTORY OF PRESENT ILLNESS: Patient presents to clinic with complaints of sore throat, cough, runny nose, and mild diarrhea since Tuesday. Patient denies N/V, loss of taste/smell, fever, body aches, and shortness of breath. Patient is vaccinated for COVID. No known exposure to COVID.

VITALS: BP: 122/84 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 72; **Temp:** 97.5; **Resp:** 16; **Ht:** 69 in.; **Wt:** 126.5 lbs.;
BMI: 18.68; **Pulse Oximetry:** 98%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Faculty on campus. Denies tobacco abuse, ETOH abuse, Drug Abuse.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:

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Abbott Binax Now Rapid COVID :

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ASSESSMENT:

R05 - COUGH (PRIMARY)
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R09.81 - NASAL CONGESTION
J30.2 - Other seasonal allergic rhinitis
J98.8 - Other specified respiratory disorders

PLAN:

Pt comes in with sore throat, cough, runny nose. COVID and strep negative. Drainage is clear. I do not feel she needs antibiotic. Will send in Bromfed for s/s relief. She agrees. if not better by Monday, will call for follow up appt, esp if drainage turns to yellow or green. Pt verbalized understanding.

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup

Refills: 0 Qty: 120 ML(S)

Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 6 HOURS

Electronically signed by Maranda Fain, CRNP on 09/16/21 11:09 AM

Handwritten signature of M. Fain, CRNP in cursive script.