

**Auburn Montgomery Warhawk Health Services**

7461 East Dr STE 102  
Montgomery AL, 36117-8092  
(334) 244-3281

**Date:** 08/16/23

**PATIENT:** STUART, KAITLYN   **DOB:** 04/11/1992   **Gender:** FEMALE   **MRN:** 5043   **AGE:** 31 Years

**VISIT TYPE:** Office Visit Established

**CHIEF COMPLAINT:** Sore throat left ear pain

**HISTORY OF PRESENT ILLNESS:** Ms. Stuart presents to the clinic with complaints of sore throat, left ear pain, cough, sinus congestion and pressure x 3 days. She reports her symptoms are worsening. She has tried OTC cold/flu with no relief.

**VITALS:** BP: 132/88   **Site:** LEFT ARM   **Position:** SITTING   **Pulse:** 98;   **Temp:** 98.7;   **Resp:** 17;   **Ht:** 63 in.;   **Wt:** 233 lbs.;  
**BMI:** 41.27;   **Pulse Oximetry:** 98%

**ALLERGIES:** No Known Drug Allergies

**MEDICATIONS:**

Eliquis 5 mg tablet  
Synthroid 125 mcg tablet  
intrauterine device (IUD)

**PAST MEDICAL HISTORY:** Hypothyroidism

**PAST SURGICAL HISTORY:** Denies

**SOCIAL HISTORY:** Denies tobacco, recreational drug use. Occasional ETOH use.

**REVIEW OF SYSTEMS:**

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

**PHYSICAL EXAMINATION:**

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; Maxillary sinus tenderness palpated no frontal sinus tenderness. Throat- erythematous without exudates. Anterior cervical nodes palpated no posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

**ORDERS:**

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Dexamethasone 4mg/ml (2 unit(s)): Injection

**RESULTS:**

Dexamethasone 4mg/ml:  
Site Given: Right Ventragluteal  
Dosage Given: 8 milligram(s)  
Administered By: Blackwell, Robin - CRNP

**ASSESSMENT:**

J01.90 - Acute sinusitis, unspecified (PRIMARY)  
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED  
H92.02 - OTALGIA, LEFT EAR  
R05.9 - Cough, unspecified  
R09.81 - Nasal congestion

**PLAN:**

Follow up if symptoms worsen or do not improve.

amoxicillin 875 mg tablet  
Refills: 0 Qty: 14 TABLET(S)  
Instructions: TAKE 1 TABLET (875 MG) BY ORAL ROUTE EVERY 12 HOURS FOR 7 DAYS

Bromfed DM 2 mg-30 mg-10 mg/5 mL oral syrup  
Refills: 0 Qty: 280 ML(S)  
Instructions: TAKE 10 MILLILITERS BY ORAL ROUTE EVERY 4 HOURS AS NEEDED FOR  
COUGH/CONGESTION. DO NOT EXCEED 40 ML/DAY

Electronically signed by Robin Blackwell, CRNP on 08/16/23 10:16 AM

*Robin Blackwell CNP*