

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/31/23

PATIENT: STUART, KAITLYN **DOB:** 04/11/1992 **Gender:** FEMALE **MRN:** 5043 **AGE:** 31 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: dysuria, urinary frequency, urinating small amounts, vaginal itching since Monday. Patient denies ABD pain, vaginal discharge, vaginal/urine odor. She was recently treated with amoxil for a sinus infection.

VITALS: BP: 139/85 **Pulse:** 91; **Temp:** 98; **Resp:** 16; **Ht:** 63 in.; **Wt:** 254.3 lbs.; **BMI:** 45.04; **Pulse Oximetry:** 91%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Eliquis 5 mg tablet
Synthroid 125 mcg tablet
intrauterine device (IUD)

PAST MEDICAL HISTORY: Hypothyroidism, History of PE in lungs and Heart in 2022 s/p CABG to remove clot from the heart.

PAST SURGICAL HISTORY: Open Heart surgery in 2022 to remove blood clot from the heart.

SOCIAL HISTORY: Works on campus. Denies tobacco, recreational drug use. Occasional ETOH use.

HEALTH MX HISTORY:

Followed by hematology

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

UA (1 unit(s)): In-House Lab
CULTURE, URINE, ROUTINE (QUEST) (1 unit(s)): Quest Diagnostics

RESULTS:

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UA:

Appearance: clear
Color: yellow
Glucose: Negative
Bill: Positive
Ketones: Negative
Sp: 1.015
Blood: Positive
pH: 6.5
Protein: Positive
Urobilinogen: Negative
Nitrites: Positive
Leukocytes: Positive
CS: yes
Comments: Leuks- 500, Nit- negative, Pro- trace, Bld- 50, Bil-1.

ASSESSMENT:

N39.0 - URINARY TRACT INFECTION, SITE NOT SPECIFIED (PRIMARY)
B37.31 - Acute candidiasis of vulva and vagina

PLAN:

Rx as per below. Increase water intake. Follow up as needed.

Diflucan 150 mg tablet

Refills: 0 Qty: 2 TABLET(S)

Instructions: TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE; may repeat dose in 72 hrs if needed.

Macrobid 100 mg capsule

Refills: 0 Qty: 14 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE EVERY 12 HOURS WITH FOOD

Electronically signed by Lindsey Barton, CRNP on 08/31/23 9:40 AM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.