

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/12/21

PATIENT: PRIMM, DAVEENYAH **DOB:** 03/12/2000 **Gender:** FEMALE **MRN:** S00349807 **AGE:** 21 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Patient presents today to discuss her birth control options.

HISTORY OF PRESENT ILLNESS: Patient presents today to discuss birth control options. Patient specifically mentions wanting to know what her oral birth control options are. No other concerns or questions are voiced at this time. Patient reports her last pap smear was performed earlier this month.

Urine pregnancy test is performed and is negative at this time.

VITALS: BP: 117/84 **Site:** RIGHT ARM **Position:** SITTING **Pulse:** 83; **Temp:** 98.2; **Resp:** 16; **Ht:** 64.5 in.; **Wt:** 176.6 lbs.; **BMI:** 29.84; **Pulse Oximetry:** 98%; **FDLMP:** 07/11/21

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Astigmatism, Migraines, IDA

PAST SURGICAL HISTORY: Wisdom teeth extraction.

SOCIAL HISTORY: Pt states she exercises regularly, Does not use recreational drugs or tobacco. Does admit to using alcohol (beer and liquor) on occasion.

Choose not to disclose verbal and sexual abuse. Is bisexual.

FAMILY HISTORY: Mother and Father have diabetes.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All negative for fever, chills, nausea, vomiting, dizziness, fatigue, infertility, & malaise.

CARDIOLOGIC: Patient denies: pain, murmur, palpitations, syncope,

RESPIRATORY: Patient denies: Cough, SOB,

GASTROINTESTINAL: Patient denies: abdominal pain,

GENITOURINARY: Patient denies: Pelvic vaginal discharge, abnormal periods, itching, odor, abnormal bleeding,

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

GASTROINTESTINAL: Abdomen soft, nondistended, nontender; no rebound rigidity or guarding; bowel sounds symmetric x4.

PSYCHIATRIC: Alert and oriented x3; Mood and affect appropriate.

ORDERS:

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Urine pregnancy Test (1 unit(s)): In-House Lab

ASSESSMENT:

Z30.9 - ENCOUNTER FOR CONTRACEP MANAGEMENT UNSPECIFIED (PRIMARY)

PLAN:

Tri-Sprintec (28) 0.18 mg(7)/0.215 mg(7)/0.25 mg(7)-35 mcg tablet

Refills: 4 Qty: 3 PACKAGE

Instructions: TAKE ACCORDING TO DIRECTIONS

Oral and written information provided on initiating and maintaining OCP's

Discussed the need to use backup contraception for the first cycle.

Discussed the importance of condoms in STI prevention.

Call clinic for instruction if not tolerating OCP's

RTC PRN for other health issues.

Electronically signed by Carol Stewart, NP on 07/12/21 2:38 PM