

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 03/29/22

PATIENT: GRAY, STEPHANIE **DOB:** 08/02/1974 **Gender:** FEMALE **MRN:** 5074 **AGE:** 47 Years

VISIT TYPE: Lab Only

CHIEF COMPLAINT: wants to check her BP due to current headache

HISTORY OF PRESENT ILLNESS: 47 year old female employee of AUM walks over to clinic and ask to have her blood pressure checked due to a current headache and finger swelling to bilateral lower extremities. Upon BP check with machine patient is noted to have a BP of 198/98. A manual BP is done for a follow up and current reading is 196/98. Patient complains of a headache that has been present since last night. Patient does have a history of HTN which she is seen by Cynthia Williams, CRNP.

VITALS: BP: 196/98 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 88; **Pulse Oximetry:** 98%

MEDICATIONS:

lisinopril 20 mg tablet (daily)
metoprolol tartrate 25 mg tablet (daily)

ASSESSMENT:

I10 - Essential (primary) hypertension (PRIMARY)

PLAN:

Miranda Bicknell, RN called the patient's PCP office to have her seen ASAP. Her last office visit was in April 2020. She was last seen in the ER in February 2022 where she was told to discontinue her HCTZ. The ER has been managing her BP for the past 1.5- 2 years. The patient reports her BP typically runs in the 180s systolic on a regular basis. She was advised to go to the ER for further management w/ elevated BP. She was encouraged to follow up with her PCP as soon as possible. She verbalized understanding.

Electronically signed by Lindsey Barton, CRNP on 03/29/22 3:25 PM

A handwritten signature in blue ink that reads "J. Barton, CRNP". The signature is written in a cursive, flowing style.