

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/17/22

PATIENT: LETT, TODD **DOB:** 01/15/1985 **Gender:** MALE **MRN:** 5077 **AGE:** 37 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Right lower leg Lymphedema.

HISTORY OF PRESENT ILLNESS: Patient presents with complaint of right lower leg lymphedema with cellulitis that started 1 week ago. Patient has been diagnosed with lymphedema since 2008 after he had a lymph node resection to his right groin done. Patient has done physical therapy in the past with his vascular doctor in Birmingham. Patient is also here requesting a referral to Baptist Lymphedema Treatment Center due to recently moving and wanting to establish care here.

VITALS: BP: 145/87 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 79; **Temp:** 97.6; **Resp:** 16; **Ht:** 71 in.; **Wt:** 328.5 lbs.;
BMI: 45.81; **Pulse Oximetry:** 98%

ALLERGIES: Iodine and Iodide Containing Products

PAST MEDICAL HISTORY: lymphedema

PAST SURGICAL HISTORY: Right groin lymph node resection 2008, appendectomy, tonsillectomy

SOCIAL HISTORY: Denies smoking or alcohol use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

Extremities; Cellulitis with erythema and swelling noted and warm to touch, 10cm wide, surrounding his right lower leg above the ankle, non pitting.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

L03.115 - Cellulitis of right lower limb (PRIMARY)

I89.0 - Lymphedema, not elsewhere classified

PLAN:

Discussed close monitoring for any worsening symptoms. RTC for any fever or worsening symptoms or no

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improvement. Will refer patient to Baptist Lymphedema Treatment Center for further treatment. Take prescribed medication as directed. Instructed to wear compression stockings and avoid alcohol/caffeine use. Patient agrees with plan.

clindamycin HCl 300 mg capsule

Refills: 0 Qty: 40 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (300 MG) BY ORAL ROUTE EVERY 6 HOURS FOR 10 DAYS

Referral: at Baptist, Lymphedema Treatment Center (Vascular)

No Special Instructions

Electronically signed by Robin Blackwell, CRNP on 08/17/22 3:13 PM

Robin Blackwell CNP