

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/06/22

PATIENT: LETT, LAUREN **DOB:** 02/28/1992 **Gender:** FEMALE **MRN:** 5079 **AGE:** 30 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Healthy Tiger Screening

HISTORY OF PRESENT ILLNESS: Pt is here today for her annual wellness and healthy tigers screening. She denies any issues. PMH of depression and anxiety. Sees her OB/GYN annually for her pap smear and women's health exams. NKDA.

VITALS: BP: 132/96 **Pulse:** 66; **Temp:** 96.7; **Resp:** 15; **Ht:** 65 in.; **Wt:** 240.9 lbs.; **BMI:** 40.08; **Pulse Oximetry:** 98%;
FDLMP: 03/23/22

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Cymbalta 20 mg capsule, delayed release (as directed)

PAST MEDICAL HISTORY: Depression/Anxiety

PAST SURGICAL HISTORY: Tubal Ligation, Tummy Tuck

SOCIAL HISTORY: Denies tobacco, recreational drug, ETOH abuse. Lives off campus. Husband is an employee.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics

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Glucose (1 unit(s)): In-House Lab

RESULTS:

Glucose:

Value: 97

Comment: Fasting

ASSESSMENT:

Z00.00 - ENCOUNTER FOR GENERAL ADULT MEDICAL EXAM WITHOUT AB FIND (PRIMARY)

Z68.41 - Body mass index [BMI] 40.0-44.9, adult

PLAN:

Normal Exam. Glucose and Lipid panel for healthy adults screening. Follow up as needed. Make appointment with OB/GYN for annual women's health exam.

Electronically signed by Maranda Fain, CRNP on 04/06/22 8:25 AM

M. Fain, CRNP