

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 01/18/19

PATIENT: REILLY, ERIN **DOB:** 02/04/1964 **Gender:** **MRN:** 507 **AGE:** 54 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Before New Years, became sick with laryngitis and congested. Went to Urgent and was treated with steroids, antibiotic. Got better for a while. Now symptoms have recurred. Denies fever, ear pain, night sweats. C/O non productive cough, laryngitis, congestion and fatigue.

VITALS: BP: 116/73 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 66; **Temp:** 98.4

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Malaise, Fatigue,

ENMT: Patient is positive for: cough, congestion, Hoarseness,

CARDIOLOGIC: All negative for: pain, murmur, palpitations, numbness, cardiovascular, dizziness, diaphoresis, exertional SOB, syncope.

RESPIRATORY: All negative for cough, hemoptosis, orthopnea, shortness of breath, sputum, and wheeze.

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Nose appears normal. Septum without deviation, nasal mucosa moist and pink, no turbinate hypertrophy, sinus nontender. Nasal congestion present.

THROAT: Throat is red, no tonsillar hypertrophy, and no exudates. Voice h.

CARDIOVASCULAR: HRRR;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales;

MUSCULOSKELETAL: Gait Normal; No clubbing, cyanosis, or edema of lower extremities;

DERMATOLOGIC: Skin Temperature: Warm Dry;

NEUROLOGIC: Cranial Nerves Intact; No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate;

ORDERS:

CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics

ASSESSMENT:

R05 - COUGH (PRIMARY)
R53.83 - OTHER FATIGUE

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PLAN:

Solu-Medrol (PF) 125 mg/2 mL solution for injection
Refills: 0 Qty: 1 VIAL(S)
Instructions: IM NOW

OTC Meds for symptoms: Mucinex DM, xyzal etc

RTC if not improving or becoming worse.

Electronically signed by Carol Stewart, NP on 01/18/19 2:37 PM