

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/25/26

PATIENT: METZ, KAYLA **DOB:** 03/22/1988 **Gender:** FEMALE **MRN:** 5089 **AGE:** 37 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: scopolamine medication for upcoming cruise

HISTORY OF PRESENT ILLNESS: 37 YO F PTC for scopolamine for upcoming cruise. Pt has h/o graves disease, states was seen by her endocrinologist and neuro ophthalmologist and medication was given ok.

VITALS: BP: 117/76 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 93; **Temp:** 98.4; **Resp:** 16; **Ht:** 66 in.; **Wt:** 173.1 lbs.;
BMI: 27.93; **Pulse Oximetry:** 97%; **FDLMP:** 02/02/26

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

methimazole 5 mg tablet (daily)
propranolol 10 mg tablet (PRN)

PAST MEDICAL HISTORY: Graves disease

PAST SURGICAL HISTORY: BTL, ablation

SOCIAL HISTORY: Denies recreational drug abuse, tobacco use. Admits to occasional ETOH use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ASSESSMENT:

T75.3XXA - Motion sickness, initial encounter (PRIMARY)

PLAN:

scopolamine 1 mg over 3 days transdermal patch

Refills: 0 Qty: 10 PATCH

Instructions: APPLY 1 PATCH BY TRANSDERMAL ROUTE TO THE HAIRLESS AREA BEHIND 1 EAR AT LEAST 4 HR BEFORE EFFECT IS REQUIRED; REAPPLY EVERY 3 DAYS AS NEEDED

Dramamine (meclizine) 25 mg tablet

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Refills: 0 Qty: 30 TABLET(S)

Instructions: TAKE 1 TABLET (25 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED FOR DIZZINESS

Electronically signed by Breena Till, CRNP on 02/25/26 10:23 AM

A handwritten signature in black ink, appearing to read "B. Till", is positioned below the electronic signature text.