

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/12/22

PATIENT: METZ, KAYLA **DOB:** 03/22/1988 **Gender:** FEMALE **MRN:** 5089 **AGE:** 34 Years

VISIT TYPE: Office Visit New

CHIEF COMPLAINT: sore throat

HISTORY OF PRESENT ILLNESS: Pt comes in today with c/o sore throat, low grade fever noted. Pt also c/o chills, body aches, runny nose with clear drainage, scratchy throat, congestion. She has green mucous in the am when blowing her nose. She feels tired and fatigued. S/s started 3 days ago.

VITALS: BP: 128/89 **Pulse:** 102; **Temp:** 99.3; **Resp:** 16; **Ht:** 66 in.; **Wt:** 170 lbs.; **BMI:** 27.43; **Pulse Oximetry:** 99%;
FDLMP: 03/23/22

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Claritin 10 mg tablet

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: BTL, ablation

SOCIAL HISTORY: Denies recreational drug abuse, tobacco use. Admits to occasional ETOH use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; Frontal sinus tenderness. Throat- erythema without exudates. + cervical nodes palpated

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Solumedrol 125mg/2ml (1 unit(s)): Injection

STREP A (1 unit(s)): In-House Lab

INFLUENZA (1 unit(s)): In-House Lab

MONOSPOT (1 unit(s)): In-House Lab

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THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Abbott Binax Now Rapid COVID (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Positive

INFLUENZA:
Value: Negative

MONOSPOT:
Value: Negative

Abbott Binax Now Rapid COVID :
Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)
R50.9 - FEVER, UNSPECIFIED
R09.81 - NASAL CONGESTION
J02.0 - Streptococcal pharyngitis
J06.9 - Acute upper respiratory infection, unspecified.

PLAN:

RX to pharmacy, call if not better in 2-3 days.

azithromycin 500 mg tablet

Refills: 0 Qty: 5 TABLET(S)

Instructions: TAKE 1 TABLET (500 MG) BY ORAL ROUTE ONCE DAILY FOR 5 DAYS

Electronically signed by Maranda Fain, CRNP on 04/12/22 10:35 AM

M. Fain, CRNP