

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 07/01/25

PATIENT: METZ, KAYLA **DOB:** 03/22/1988 **Gender:** FEMALE **MRN:** 5089 **AGE:** 37 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: requesting thyroid labs based on eye MD suggestion based on right eyelid issue

HISTORY OF PRESENT ILLNESS: Mrs. Metz is a 37 yo female here today for thyroid testing as recommended by her eye doctor. She reports her right eye opens more than her left eye. She states her husband noticed it a few weeks ago but then her child's pediatrician commented on it also. She went to see her eye doctor and was told her eye exam was normal except for dry eyes and that her right eye doesn't close all the way when she sleeps. She was given eye drops and a mask to wear at night.

Regarding her thyroid, she denies recent weight gain or loss, no anxiety or depression, or heat/cold intolerance. She does report her heart rate runs high and her apple watch has sent her some alerts as well. She denies any symptoms related to it.

VITALS: BP: 126/75 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 112; **Temp:** 97.4; **Resp:** 15; **Ht:** 66 in.; **Wt:** 165.1 lbs.; **BMI:** 26.64; **Pulse Oximetry:** 98%; **FDLMP:** 06/22/25

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

Claritin 10 mg tablet

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: BTL, ablation

SOCIAL HISTORY: Denies recreational drug abuse, tobacco use. Admits to occasional ETOH use.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; + Tachycardia; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

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ORDERS:

Magnesium (1 unit(s)): LabCorp
Thyroxine (T4) Free Direct (1 unit(s)): LabCorp
TSH (LabCorp) (1 unit(s)): LabCorp
CBC With Differential/Platelet (1 unit(s)): LabCorp
Thyroid Peroxidase (TPO) Ab (1 unit(s)): LabCorp
Thyroid Stimulating Immunoglobulins (TSI) (1 unit(s)): LabCorp
Lipid Panel w/ LDL/HDL Ratio (1 unit(s)): LabCorp
Comp. Metabolic Panel (14) (1 unit(s)): LabCorp
EKG (1 unit(s)): Office Procedure

ASSESSMENT:

R00.0 - Tachycardia, unspecified (PRIMARY).
H05.241 - Constant exophthalmos, right eye.

PLAN:

EKG- sinus tachycardia at 101 bpm w/ no ischemic changes.

Follow up with lab results. Further orders pending labs.

Electronically signed by Lindsey Barton, CRNP on 07/01/25 1:08 PM

L. Barton, DNP, CRNP