

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 08/03/22

PATIENT: WESSINGER, GABRIELLA **DOB:** 03/30/1997 **Gender:** FEMALE **MRN:** 5095 **AGE:** 25 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Sore throat, cough, fatigue, headache.
STI screening request.

HISTORY OF PRESENT ILLNESS: Patient is a 25yr old here today with complaint of sore throat, cough, fatigue and headache off/on for the past 1.5 weeks. Patient states she was seen at Ivy creek last Monday and was diagnosed with pharyngitis and prescribed PCN but stopped taking Sunday due to her milk supply depleting. Patient is here today seeking other options that will not decrease her milk supply. Although patient states she has been under stress recently, which could be a contributing factor in milk supply. Patient BP is low today. Patient reports her BP does run low. Orthostatic BPs done today which were all WNL. Patient denies dizziness, SOB, lightheadedness. Patient also is requesting STI work up. Patient denies STI symptoms or new partners. She reports she has been married the last 4 yrs.

VITALS: BP: 98/71 **Site:** LEFT ARM **Position:** LAYING **Pulse:** 79 **BP2:** 103/79 **Site2:** LEFT ARM **Position2:** STANDING **Pulse2:** 88 **BP3:** 104/81 **Site3:** LEFT ARM **Position3:** STANDING **Pulse3:** 81; **Temp:** 98.5; **Resp:** 16; **Ht:** 62 in.; **Wt:** 113.5 lbs.; **BMI:** 20.75; **O2:** 98%; **FDLMP:** 07/08/22

ALLERGIES: latex

PAST MEDICAL HISTORY: HSV

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- is red with slightly swollen/red tonsils. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics

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VDRL (1 unit(s)): In-House Lab
STREP A (1 unit(s)): In-House Lab
GC AND CHLAMYDIA COLLECTION (1 unit(s)): In-House Lab
HIV (1 unit(s)): In-House Lab
COVID Rapid Testing (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

COVID Rapid Testing:
Value: Negative

ASSESSMENT:

R53.83 - OTHER FATIGUE (PRIMARY)
J02.8 - ACUTE PHARYNGITIS D/T OTHER SPECIFIED ORGANISMS
Z11.3 - ECT SCREEN FOR INFECT W SEXL MODE OF TRANSMISS
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED
R05.9 - COUGH, UNSPECIFIED
R51.9 - HEADACHE, UNSPECIFIED

PLAN:

Will treat for pharyngitis based on s/s. Return if not better in 3 days. Pending CBC. Patient instructed to drink plenty of water and decrease caffeine intake. Salt water gargles/warm teas may help with sore throat. Patient is requesting something for yeast infection, stating she gets yeast infections when taking antibiotics.

cephalexin 500 mg capsule
Refills: 0 Qty: 20 CAPLET(S)
Instructions: TAKE 1 CAPSULE (500 MG) BY ORAL ROUTE EVERY 12 HOURS for 10 days.

Diflucan 150 mg tablet
Refills: 0 Qty: 1 TABLET(S)
Instructions: TAKE 1 TABLET (150 MG) BY ORAL ROUTE ONCE

Electronically signed by Robin Blackwell, CRNP on 08/03/22 10:02 AM

Robin Blackwell CNP