

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/07/22

PATIENT: WESSINGER, NICHOLAS **DOB:** 04/12/1993 **Gender:** MALE **MRN:** 5097 **AGE:** 29 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Healthy Tigers

HISTORY OF PRESENT ILLNESS: Pt is a 29 YOM who is here for insurance physical. No complaints today. He is a truck driver for Hunt's Brothers pizza. He wakes at 330 AM for work, and he works 14 hour days. He admits to an unhealthy diet and lack of exercise.

VITALS: BP: 149/93 **Pulse:** 86; **Temp:** 97; **Resp:** 16; **Ht:** 70 in.; **Wt:** 191.6 lbs.; **BMI:** 27.49; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

MEDICATIONS:

No Known Medications

PAST MEDICAL HISTORY: Denies

PAST SURGICAL HISTORY: Denies

SOCIAL HISTORY: Denies illicit drugs, admits to vaping and occasional ETOH use.

FAMILY HISTORY: Heart Disease, HTN

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

Auburn Montgomery Student Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 06/07/22

PATIENT: WESSINGER, NICHOLAS **DOB:** 04/12/1993 **Gender:** MALE **MRN:** 5097 **AGE:** 29 Years

LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics
Glucose (1 unit(s)): In-House Lab

ASSESSMENT:

Z00.00 - Encounter for general adult medical examination without abnormal findings (PRIMARY).
E66.3 - Overweight.
Z13.220 - Encounter for screening for lipoid disorders.

PLAN:

Normal Exam. Advised to stop vaping. Advised to work on exercise, lower sodium intake, healthier diet. Will monitor BP at home, if elevated, will make an appt for HTN.

Electronically signed by Maranda Fain, CRNP on 06/07/22 8:34 AM

M. Fain, CRNP