

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/27/23

PATIENT: KIM, MYUNGHEE **DOB:** 01/10/1973 **Gender:** FEMALE **MRN:** 5122 **AGE:** 50 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: cough

HISTORY OF PRESENT ILLNESS: Ms. Kim presents to the clinic with complaints of dry cough, sneezing, itchy eyes, sore throat and headache x 3 days. She has tried OTC Tylenol, last dose was last night.

VITALS: BP: 109/70 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 56; **Temp:** 97.6; **Resp:** 16; **Ht:** 66 in.; **Wt:** 135 lbs.;
BMI: 21.78; **Pulse Oximetry:** 99%

ALLERGIES: No Known Drug Allergies

PAST MEDICAL HISTORY: Thyroid spasm

PAST SURGICAL HISTORY: Appendectomy

SOCIAL HISTORY: ESL student. Denies smoking, drinking, and illicit drug use.

FAMILY HISTORY: unknown.

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
Abbott COVID Rapid Test (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab

RESULTS:

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STREP A:

Value: Negative

INFLUENZA:

Value: Negative

Abbott COVID Rapid Test:

Value: Negative

ASSESSMENT:

J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED (PRIMARY)

J30.9 - Allergic rhinitis, unspecified

R51.9 - HEADACHE, UNSPECIFIED

R05.9 - COUGH, UNSPECIFIED

Z20.828 - CONTACT W AND EXPO TO OTH VIRAL COMMUNICABLE DIS

PLAN:

Zyrtec samples given, take as directed. Follow up as needed.

fluticasone propionate 50 mcg/actuation nasal spray, suspension

Refills: 1 Qty: 1 UNIT(S)

Instructions: SPRAY 1 - 2 SPRAYS (50 - 100 MCG) IN EACH NOSTRIL BY INTRANASAL ROUTE DAILY

benzonatate 200 mg capsule

Refills: 0 Qty: 21 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (200 MG) BY ORAL ROUTE 3 TIMES PER DAY AS NEEDED FOR COUGH

Electronically signed by Robin Blackwell, CRNP on 04/27/23 4:29 PM

Robin Blackwell CNP