

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 04/15/19

PATIENT: HOLLOWAY, KIA **DOB:** 10/02/1966 **Gender:** **MRN:** 512 **AGE:** 52 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: URI

Symptoms: Concerned she may have pneumonia. Has a lot of chest congestion from a cold that she picked up last week. Was having sweats. Did have a flu shot this year.

ModFact: Has been taking Alka Seltzer, ibuprofen and tumeric. Also takes wheatgrass.

VITALS: BP: 145/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 115; **Temp:** 98.9

ALLERGIES: Bactrim

MEDICATIONS:

lisinopril 10 mg tablet

PAST MEDICAL HISTORY: HTN, fibroids, back and side pain, 2 tears in rotary cuff., ear problems

PAST SURGICAL HISTORY: No recent surgeries.

FAMILY HISTORY: Female child history of: allergies, sinus problems

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient is positive for: Fever,

ENMT: Patient is positive for: cough, congestion,

PHYSICAL EXAMINATION:

GENERAL: Patient appears consistent with age, well developed/nourished, NAD, and alert and oriented x 3.

HEENT: EOMI, PERRLA, lids and conjunctivae appear normal, sclera white.

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

THROAT: Throat is red, no tonsillar hypertrophy, and no exudates.

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR;

RESPIRATORY: Lungs CTA; No rhonchi wheeze or rales; Hacking, productive cough.

MUSCULOSKELETAL: Gait Normal; No clubbing, cyanosis, or edema of lower extremities;

DERMATOLOGIC: Skin Temperature: Warm Dry;

NEUROLOGIC: Cranial Nerves Intact; No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate;

ASSESSMENT:

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R05 - COUGH (PRIMARY)

J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED

PLAN:

Augmentin 500 mg-125 mg tablet

Refills: 0 Qty: 20 TABLET(S)

Instructions: TAKE 1 CAPSULE (500 MG) BY ORAL ROUTE EVERY 12 HOURS

Mucinex DM and zyrtec or Xyzal (OTC)

Will refer to PCP: appointment made with Sonya Tatum, NP for 4/25/19 at 2:00PM

Electronically signed by Carol Stewart, NP on 04/15/19 4:28 PM