

Auburn Montgomery Student Health Services

7461 East Dr
Montgomery AL, 36117
(334) 244-3281

Date: 07/19/18

PATIENT: HOLLOWAY, KIA **DOB:** 10/02/1966 **Gender:** **MRN:** 512 **AGE:** 51 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: URI

Symptoms: Congested, funny taste in mouth. Started with (R) ear discomfort. Some nasal drainage. Some nausea. Did have a HA the first couple of days. Feels like there is something in throat.

Severity: Worsening, except that nasal congestion may be a little better.

Duration: 4 days

ModFact: Sometimes takes Advil or Tylenol arthritis.

Patient reports taking Golden seal and echinacae

VITALS: BP: 131/74 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 104; **Temp:** 97.7

ALLERGIES: Bactrim

MEDICATIONS:

lisinopril 10 mg tablet

PAST MEDICAL HISTORY: HTN, fibroids, back and side pain, 2 tears in rotary cuff., ear problems

PAST SURGICAL HISTORY: No recent surgeries.

FAMILY HISTORY: Female child history of: allergies, sinus problems

REVIEW OF SYSTEMS:

CONSTITUTIONALS: Patient denies: Fever, Patient is positive for: Nausea,

ENMT: Patient is positive for: runny nose, congestion, earache,

PHYSICAL EXAMINATION:

GENERAL: Obese; NAD; Appears Consistent with Age;

HEENT: Normocephalic; EOMI; Conjunctiva Clear; Sclera White; Airways patent; Membranes moist;

EARS: Ears appear normal. TM's intact and reflect NL. External auditory canal clear.

NOSE: Purulent rhinorrhea; Turbinate Hypertrophy on Right & Left Bilateral Maxillary Sinus Tenderness; Bilateral Frontal Sinus Tenderness;

THROAT: Throat mildly erythematous Posterior Nasal Drainage; Tonsillar Hypertrophy; No exudates;

NECK: Neck is supple, FROM, no JVD, no lymphadenopathy.

CARDIOVASCULAR: HRRR , no extra heart sounds, no murmur

RESPIRATORY: Lungs CTA; no rhonchi wheeze or rales; breath sounds symmetric; no chest wall tenderness.

NEUROLOGIC: No Focal Deficit;

PSYCHIATRIC: Mood and Affect Appropriate; Alert and Oriented x3;

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ASSESSMENT:

J01.10 - ACUTE FRONTAL SINUSITIS, UNSPECIFIED (PRIMARY)
J06.9 - ACUTE UPPER RESPIRATORY INFECTION, UNSPECIFIED

PLAN:

amoxicillin 875 mg tablet
Refills: 0 Qty: 20 TABLET(S)
Instructions: TAKE 1 TABLET (875 MG) BY ORAL ROUTE EVERY 12 HOURS

prednisone 5 mg tablets in a dose pack
Refills: 0 Qty: 1 PACKAGE
Instructions: Take as directed

URI/Information sheet provided to patient.

RTC for worsening or unresolving symptoms.

Electronically signed by Melodye Harvey, CRNP on 07/19/18 10:24 AM