

**Auburn Montgomery Student Health Services**

7461 East Dr  
Montgomery AL, 36117-8092  
(334) 244-3281

**Date:** 01/18/22

**PATIENT:** LAWSON, CHANNING    **DOB:** 04/19/1991    **Gender:** MALE    **MRN:** 5132    **AGE:** 30 Years

**VISIT TYPE:** Office Visit Established

**CHIEF COMPLAINT:** yearly; wants to establish this as his new PCP.

**HISTORY OF PRESENT ILLNESS:** Recently moved to Alabama from Illinois and needs a PCP. Needs refills of his medications. He reports history of bipolar diagnosed 2-3 years ago. He was started on Vraylar at that time. He reports he is doing well and is stable. Denies SI/HI. He has no other complaints today.

**VITALS:** BP: 146/90    **Site:** LEFT ARM    **Position:** SITTING    **Pulse:** 78;    **Temp:** 97.2;    **Resp:** 16;    **Ht:** 71 in.;    **Wt:** 293 lbs.;  
**BMI:** 40.86;    **Pulse Oximetry:** 97%

**ALLERGIES:** latex

**MEDICATIONS:**

Vraylar 3 mg capsule (1 tablet daily)  
amlodipine 2.5 mg tablet (1 tablet daily)  
lamotrigine 200 mg tablet (1 tablet daily)  
lisinopril 30 mg tablet (1 tablet daily)  
venlafaxine 75 mg tablet (2 tabs PO daily)

**PAST MEDICAL HISTORY:** HTN, GAD/Depression, Bipolar disorder

**PAST SURGICAL HISTORY:** Appendectomy, tonsillectomy

**SOCIAL HISTORY:** Works on campus. Drinks alcohol on occasions. Denies smoking or illicit drug use.

**FAMILY HISTORY:** Mother- HTN, CVA; Father- alcoholism

**HEALTH MX HISTORY:** + COVID vaccine and booster; Had yearly flu vaccine.

**REVIEW OF SYSTEMS:**

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

**PHYSICAL EXAMINATION:**

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- pink without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally

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**INTEGUMENTARY:** Warm, dry, intact. No lesions or rash noted.

**NEUROLOGIC:** Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

**PSYCHIATRIC:** Appropriate mood and affect.

**ORDERS:**

TSH (QUEST) (1 unit(s)): Quest Diagnostics  
COMP METABOLIC PANEL (QUEST) (1 unit(s)): Quest Diagnostics  
LIPID PANEL (QUEST) (1 unit(s)): Quest Diagnostics  
CBC W/ DIFF (QUEST) (1 unit(s)): Quest Diagnostics  
BLOOD DRAW (1 unit(s)): In-House Lab  
EKG (1 unit(s)): Office Procedure

**ASSESSMENT:**

Z00.00 - ENCNTR FOR GEN ADULT MEDICAL EXAM W/O AB FIND (PRIMARY)  
I10 - ESSENTIAL (PRIMARY) HYPERTENSION  
F31.9 - BIPOLAR DISORDER, UNSPECIFIED

**PLAN:**

EKG- NSR at 73 BPM with no ischemic changes. Continue current meds as prescribed. He will need referral to psychiatry if his meds need adjusting in the future. He verbalized understanding. Follow up in 6 months. Follow up tomorrow for fasting labs.

amlodipine 2.5 mg tablet  
Refills: 1 Qty: 90 TABLET(S)  
Instructions: 1 TABLET DAILY

lamotrigine 200 mg tablet  
Refills: 1 Qty: 90 TABLET(S)  
Instructions: 1 TABLET DAILY

lisinopril 30 mg tablet  
Refills: 0 Qty: 90 TABLET(S)  
Instructions: 1 TABLET DAILY

venlafaxine 75 mg tablet  
Refills: 1 Qty: 180 TABLET(S)  
Instructions: 2 TABS PO DAILY

Vraylar 3 mg capsule  
Refills: 1 Qty: 90 TABLET(S)  
Instructions: 1 TABLET DAILY

Electronically signed by Lindsey Barton, CRNP on 01/18/22 4:55 PM

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A handwritten signature in blue ink that reads "J. Barton, CNP". The signature is written in a cursive style with a large initial "J" and a stylized "B".