

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 02/07/24

PATIENT: MOHAJERIN, SHANNON **DOB:** 11/07/1961 **Gender:** FEMALE **MRN:** 5133 **AGE:** 62 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Exposed to COVID this week, but also has sore throat, runny nose, headache and sinus pressure, and dry cough.

Symptoms: Denies fever. Symptoms started on Monday. She has not tried any otc meds due to having HTN.

VITALS: BP: 143/82 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 66; **Temp:** 98.1; **Resp:** 16; **Ht:** 64 in.; **Wt:** 207.5 lbs.;
BMI: 35.61; **Pulse Oximetry:** 98%

ALLERGIES: Morphine (product); Sulfa (Sulfonamide Antibiotics) ((Itch) or (skin irritation) or (pruritus NOS))

MEDICATIONS:

Tylenol Arthritis Pain 650 mg tablet,extended release
amitriptyline 25 mg tablet
famotidine 40 mg tablet (PRN)
losartan 100 mg tablet (daily)
metoprolol succinate ER 50 mg tablet,extended release 24 hr (daily)
omeprazole 20 mg capsule,delayed release

PAST MEDICAL HISTORY: Sarcoidosis, B-12 anemia (on monthly B-12 injections), Sjogren's syndrome, IBS, Diverticulitis, acid reflux, HTN, migraines

PAST SURGICAL HISTORY: D&C for Hydatidiform mole w/ partial molar pregnancy 1983, Lysis of adhesions, partial hysterectomy 1987, laparoscopic abdominal cyst removal 1990, sling procedure 1997, bronchoscopy 1999, squamous cell carcinoma removal 2018, colon resection, 2021

SOCIAL HISTORY: Denies smoking, ETOH or illicit drug use

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

HEENT: Head- normocephalic; atraumatic. Eyes- sclera white, conjunctiva pink, EOMI. Ears- tympanic membranes clear. Ear canals are patent. Nose- septum- midline; No maxillary or frontal sinus tenderness. Throat- erythematous without exudates. No anterior or posterior cervical nodes palpated; No palpable thyroid abnormality or enlargement.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

MUSCULOSKELETAL: Normal range of movement x 4 extremities

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

STREP A (1 unit(s)): In-House Lab
INFLUENZA (1 unit(s)): In-House Lab
Abbott COVID Rapid Test (1 unit(s)): In-House Lab
THERAPEUTIC INJECTION ADMIN (1 unit(s)): Injection
Dexamethasone 4mg/ml (1 unit(s)): Injection
Depo-Medrol 40mg/ml (1 unit(s)): Injection

RESULTS:

STREP A:
Value: Negative

INFLUENZA:
Value: Negative

Abbott COVID Rapid Test:
Value: Negative

Dexamethasone 4mg/ml:
Site Given: Right Ventragluteal
Dosage Given: 4 milligram(s)
Administered By: Barton, Lindsey - CRNP

Depo-Medrol 40mg/ml:
Site Given: Right Ventragluteal
Dosage Given: 40 milligram(s)
Administered By: Barton, Lindsey - CRNP

ASSESSMENT:

J06.9 - Acute upper respiratory infection, unspecified (PRIMARY)
R05.9 - COUGH, UNSPECIFIED
R51.9 - HEADACHE, UNSPECIFIED
J02.9 - ACUTE PHARYNGITIS, UNSPECIFIED

PLAN:

Will treat symptoms. Recommended otc meds such as antihistamines (zyrtec or xyzal), flonase, or mucinex that doesn't have a decongestant. She was given a list of meds to avoid with HTN such as phenylephrine. She verbalized understanding. Follow up as needed.

Electronically signed by Lindsey Barton, CRNP on 02/07/24 12:42 PM

L Barton, CRNP

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