

Auburn Montgomery Warhawk Health Services

7461 East Dr STE 102
Montgomery AL, 36117-8092
(334) 244-3281

Date: 04/11/23

PATIENT: MOHAJERIN, SHANNON **DOB:** 11/07/1961 **Gender:** FEMALE **MRN:** S00376599 **AGE:** 61 Years

VISIT TYPE: Office Visit Established

CHIEF COMPLAINT: Urinary symptoms

HISTORY OF PRESENT ILLNESS: Ms. Mohajerin presents to the clinic with complaints of frequent with small output and painful urination since yesterday. Patient denies N/V, LBP or fever.

VITALS: BP: 156/95 **Site:** LEFT ARM **Position:** SITTING **Pulse:** 76; **Temp:** 97.1; **Resp:** 16; **Ht:** 64 in.; **Wt:** 217.7 lbs.;
BMI: 37.36; **Pulse Oximetry:** 98%

ALLERGIES: Morphine (product); Sulfa (Sulfonamide Antibiotics) ((Itch) or (skin irritation) or (pruritus NOS))

MEDICATIONS:

Tylenol Arthritis Pain 650 mg tablet,extended release
amitriptyline 25 mg tablet
famotidine 40 mg tablet (PRN)
metoprolol succinate ER 100 mg tablet,extended release 24 hr
omeprazole 20 mg capsule,delayed release

PAST MEDICAL HISTORY: Sarcoidosis, B-12 anemia (on monthly B-12 injections), Sjogren's syndrome, IBS, Diverticulitis, acid reflux, HTN, migraines

PAST SURGICAL HISTORY: D&C for Hydatidiform mole w/ partial molar pregnancy 1983, Lysis of adhesions, partial hysterectomy 1987, laparoscopic abdominal cyst removal 1990, sling procedure 1997, bronchoscopy 1999, squamous cell carcinoma removal 2018, colon resection, 2021

SOCIAL HISTORY: Denies smoking, ETOH or illicit drug use

REVIEW OF SYSTEMS:

CONSTITUTIONALS: All 14 point review of systems negative except those listed in HPI.

PHYSICAL EXAMINATION:

GENERAL: GENERAL: No apparent distress noted; Well developed; Pleasant.

CARDIOVASCULAR: S1 S2; Regular rate and rhythm; No systolic ejection murmurs noted; No carotid bruits noted. No peripheral edema bilateral lower extremities.

RESPIRATORY: Breath sounds equal and unlabored. Clear to auscultation bilaterally without wheezes, rales, or rhonchi.

GASTROINTESTINAL: Abdomen is soft; Nontender; Nondistended. Bowel sounds present x 4 quadrants. No masses or organomegaly noted.

MUSCULOSKELETAL: Normal range of movement x 4 extremities; 2+ DP and PT pulses bilaterally. No CVA tenderness

INTEGUMENTARY: Warm, dry, intact. No lesions or rash noted.

NEUROLOGIC: Alert and Oriented X3. CN II-XII intact. Sensation intact. Speech clear. Ambulates with steady gait.

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PSYCHIATRIC: Appropriate mood and affect.

ORDERS:

CULTURE, URINE, ROUTINE (QUEST) (1 unit(s)): Quest Diagnostics
UA (1 unit(s)): In-House Lab

RESULTS:

UA:

Appearance: clear
Color: yellow
Glucose: Negative
Bill: Negative
Ketones: Negative
Sp: 1.005
Blood: Positive
pH: 7
Protein: Negative
Urobilinogen: Negative
Nitrites: Negative
Leukocytes: Positive
CS: yes
Comments: Leuk 75

Blood 250

ASSESSMENT:

N30.01 - ACUTE CYSTITIS WITH HEMATURIA (PRIMARY)
R30.0 - DYSURIA
R35.0 - FREQUENCY OF MICTURITION
I10 - Essential (primary) hypertension

PLAN:

Pending urine culture. Increase water intake and avoid caffeine. F/U for any worsening symptoms.

Macrobid 100 mg capsule

Refills: 0 Qty: 10 CAPSULE(S)

Instructions: TAKE 1 CAPSULE (100 MG) BY ORAL ROUTE EVERY 12 HOURS WITH FOOD FOR 5 DAYS

Pyridium 100 mg tablet

Refills: 0 Qty: 6 TABLET(S)

Instructions: TAKE 1 TABLET (100 MG) BY ORAL ROUTE 3 TIMES PER DAY AFTER MEALS AS NEEDED FOR
BLADDER SPASMS/PAIN

Electronically signed by Robin Blackwell, CRNP on 04/11/23 9:03 AM

Robin Blackwell CNP